



Erie County Stay Fit Dining Program

Standard Menu

May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
29 Beef Macaroni Casserole with Mozzarella Cheese Spinach Corn Dinner Roll Tropical Fruit (794)	30 Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Fresh Orange <i>Chocolate Milk</i> (793)	1 Chicken Breast with Mushroom Gravy Vegetable Rice Pilaf Country Cottage Mixed Vegetables Fruit Punch <i>Chef Salad with Dressing</i> Diced Peaches (667)	2 Entrée Salad Beef Taco Salad with Ground Beef, Shredded Cheddar & Tortilla Strips Fruit Cocktail (653)	3 Cheese Tortellini with Chicken & Red Pepper Cream Sauce Cauliflower Green Beans Whole Wheat Dinner Roll Fudge Round Cookie (665)
6 Caribbean Chicken Stew Yellow Rice with Turmeric Broccoli Florets Orange-Pineapple Juice Lorna Doones (791)	7 Hamburger with Onion Gravy on a Wheat Bun Mashed Potatoes Green Beans Butterscotch Pudding <i>Chocolate Milk</i> (767)	8 Mother's Day Lunch Broccoli Stuffed Chicken with Herb Cream Sauce Vegetable Rice Pilaf Carrots & Cauliflower <i>Chef Salad with Tomatoes</i> Dinner Roll Peach Pie with Whipped Topping (1110)	9 Ham Steak with Maple Glaze Sweet Potatoes Brussels Sprouts Corn Muffin Strawberry Jello (643)	10 Vegetable Quiche with Cheese Sauce Potatoes O'Brien Harvard Beets Wheat Dinner Roll Chocolate Ice Cream (783)
13 Sloppy Joe on a Bun Tater Tots Au Gratin Spinach Tropical Fruit (786)	14 Hearty Pork Stew Mashed Potatoes Broccoli Florets Warm Biscuit Sugar Cookies (794)	15 Chicken Breast with Gravy Broccoli Cheese Rice Casserole Carrots Wheat Dinner Roll Mandarin Oranges (615)	16 Lasagna Roll with Tomato Meat Sauce California Blend Vegetables <i>Chef Salad with Dressing</i> Dinner Roll Chocolate Pudding (778)	17 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Garlic Mashed Potatoes Mixed Vegetables Fresh Banana <i>Chocolate Milk</i> (718)
20 Macaroni & Cheese Peas with Red Peppers California Blend Vegetables Wheat Dinner Roll Rice Krispie Treat (893)	21 Taco-seasoned Ground Beef with Shredded Cheddar on a Flour Tortilla Spanish Rice Fiesta Corn <i>Chef Salad with Dressing</i> Fresh Orange <i>Chocolate Milk</i> (838)	22 Entrée Salad Greek Grilled Chicken Breast Salad with Greek Dressing Dinner Roll Vanilla Pudding (703)	23 Breaded Pork Chop with Warm Cinnamon Apples Mashed Sweet Potatoes Bavarian Cabbage Dinner Roll Oatmeal Round Cookie (789)	24 Memorial Day Lunch Breaded Chicken Drumsticks Ranch-seasoned Mashed Potatoes Lima Bean Bake <i>Chef Salad with Dressing</i> Dinner Roll Chocolate-covered Ice Cream Bar (941)
27 No Meals Served 	28 Beef Macaroni Casserole with Shredded Mozzarella Peas & Carrots Grape Juice Multigrain Bread Strawberry Ice Cream (920)	29 Tortellini with Chicken & Primavera Sauce Italian Bean Medley <i>Chef Salad with Dressing</i> Dinner Roll Fresh Banana <i>Chocolate Milk</i> (734)	30 Ham Steak with Brown Sugar Glaze Sweet Potatoes Brussels Sprouts Rye Bread Chocolate Chip Cookies (665)	31 Beer-Battered Fish with Tartar Sauce Tater Tots Au Gratin Broccoli Dinner Roll Chocolate Pudding (751)

FOR RESERVATIONS, PLEASE CALL 716-652-7934