

### **Town of Aurora** 300 Gleed Avenue East Aurora NY 14052



Zoning Board of Appeals Petitioner's Letter of Intent

Cardea Health

Applicants Name				
Address	C/o Hopkins Sorgi	+ Pomanowski P	LLC, 26 Mississi ppi	Street
Telephone	716 -714-5	699	LLC, 26 Mississi ppi Buffelo, Ny	uite 46 1420
Address of appeal	1196 East 1	Main Street, E	East Aurora, NY 1	4052
Zoning District	$\boldsymbol{A}$			
Zoning Code Section	Table of District	Regulations R1 (5	), as incorporated	1 64
	KS(1) and R	() A CERT CE () A PERM	ict Regulations AC FIFICATE OF EXISTING USE HIT FOR OCCUPANCY	
GROUNDS FOR VARIANCE  See attack	CE: (may continue on separate s	sheet)		
Street	100000			
written appeal that to the any interest in the appell	ction 809 of the New York State e best of his knowledge, no state lant as defined in Section 809 of such interest must be disclosed	te officer or officer or emplo of the General Municipal Lav	yee of the Town of Aurora, has w. If this statement cannot be	
Petitioners Signature Owners Signature	Poten J. Sog.	Date 4-29-2	olb — see affack authorized olb — see aff	ed

### OK as to form only

# TOWN OF AURORA Zoning Board of Appeals Request

Building Application #Building Permit #	Zoning Appeal Case No Date
TO THE ZONING BOARD OF APPEA	LS, TOWN OF AURORA, NEW YORK
I, (we) Peter J. Sorgi, Esq. = as	attorney for Cardea Heath BOARD OF APPEALS FROM THE DECISION OF THE BUILDING
INSPECTOR OF APPLICATION NO.	WHEREBY THE BUILDING INSPECTOR DID DENY
TO Cardea Heath	> See attached
Name of Applicant  OF  Name of Applicant  Rugarian  Sirsi + Rugarian  Company  Sirsi + Rugarian  Sirsi	Buffalo NY
(Street & Number) (Mur A PERMIT FOR USE () A VARIANCE FROM ZONING ORDI () A TEMPORARY PERMIT OR EXTEN	(State) () A CERTIFICATE OF EXISTING USE NANCE () A PERMIT FOR OCCUPANCY
1. LOCATION OF THE PROPERTY / ZO	NING DISTRICT
District Regulations R ((5), as incorpo	RDINANCE APPEALED. (Indicate the Article, section, sub-section, eing appealed, by number. Do not quote the Ordinance) Table of the large of the larg
3. TYPE OF APPEAL. Appeal is made h () An interpretation () An exception () A temp	ance - to the Zoning Ordinance
4. A PREVIOUS APPEAL () has () has or with respect to this property	not been made with respect to this decision of the Building Inspector
NAMES AND ADDRESSES OF OWNERS Of See attached list marked as an exhibit.	
STATE OF NEW YORK	Peter J. Sog.
City of Buffalo	Signature(s) 26 mississippi Street, Suite 400,
Didag I Soci Esa	Mailing Address Buffalo, NY 14203
	being duly sworn, deposed and says that _he is the petitioner in this equest and knows the contents thereof; that the same is true to the
Sworn to before me this 2916 day of April , 2016	
NOTARY PUBLIC	
V	

RYAN P. MCCARTHY
No. 02MC6277628
Netary Public. State of New York
Qualified in Erie County
My Gemmission Expires 03/11/2017

SUPERVISOR James J. Bach (716) 652-7590 jbach@townofaurora.com



TOWN CLERK
Martha L. Librock
(716) 652-3280
townclerk@townofaurora.com

3/07/2016

### **TOWN OF AURORA**

Southside Municipal Center
300 Gleed Avenue, East Aurora, NY 14052
www.lownofaurora.com

TOWN COUNCIL MEMBERS Susan A. Friess <u>sfriess@townofaurora.com</u>

> Jeffrey T. Harris jharris@townofaurora.com

Jolene M. Jeffe <u>jjeffe@townofaurora.com</u>

Charles D. Snyder csnyder@townofaurora.com

SUPT. OF HIGHWAYS David M. Gunner (716) 652-4050 highway@townofaurora.com

SUPT. OF BUILDING Patrick J. Blizniak (716) 652-7591 building@townofaurora.com

ASSESSOR Richard L. Dean assessor@townofaurora.com (716) 652-0011

> DIR. OF RECREATION Christopher Musshafen (716) 652-8866 chris@townofaurora.com

> > TOWN ATTORNEY Ronald P. Bennett

TOWN JUSTICE Jeffrey P. Markello Anthony DiFilippo IV

HISTORIAN Robert L. Goller (716) 652-7944 historian@iownofaurora.com

> FAX: (716) 652-3507 NYS Relay Number: 1(800) 662-1220

This institution is an equal opportunity provider and employer. Peter Sorgi Hopkins Sorgi & Romanowski PLLC 26 Mississippi St, Suite 400 Buffalo, New York 14203

Re: Code Interpretation for proposed use at 1196 East Main St. East Aurora, NY.

Mr. Sorgi,

I have reviewed the information you have provided regarding the proposed use of the property at 1196 East Main St. I have also reviewed the Cardea Health website to gain further insight into the proposed business. While I realize there are diverse and innovative practices used in the healing processes advanced by this business I fail to see a clear separation between this health care facility and any other medical professional. Certainly the goal of any medical professional is "the preservation or recovery of health" as per the definition provided by dictionary.com. The completion of that same definition "especially for convalescence; health resort" would indicate something more than a facility where a patient goes for a weekly, monthly, annual or emergency medical appointment.

The thesaurus defines a sanitarium as "a hospital for recuperation or for the treatment of chronic diseases", and brings to mind the terms "convalescence home" or "nursing home". The Macmillan Dictionary considers the term "sanitarium" and "sanatorium" as synonymous and defines them as "a large building like a hospital where people who have had a serious illness go so that doctors can take care of them while they get better". These definitions further lend to my belief that the term sanitarium as used in the Town Code is referring to a long term rehabilitation clinic for patients requiring constant care and monitoring.

It is my determination, given the information provided, that Cardea Health would not be considered a sanitarium, and would not be an allowable use at 1196 East Main St. Cardea Health may be considered a professional office, but would only be permitted at this location if it met the criteria as laid out for Customary Accessory Uses included in the Permitted Uses of R1 District on the Town of

Aurora Table of District Regulations. The criteria include a professional office located and conducted wholly within the dwelling and incidental to the primary residential use of such dwelling, and allows for one employee as assistant to the resident professional. If you have any further questions regarding this determination, contact me at 652-7591.

William R Kramer

i Clark R. Kramer

Town of Aurora Code Enforcement Officer

### **AUTHORIZATION**

As the contract vendee and Petitioner / Applicant regarding real property located at 1196 East Main Street, Town of Aurora, NY, we hereby authorize the Project Attorneys, Hopkins Sorgi & Romanowski PLLC to file a variance application on our behalf and execute any required documentation, of the aforementioned property with the Town of Aurora along with applications for any other approvals/permits required from the Town of Aurora and other governmental agencies in connection with the proposed development at said real property.

Jennifer Jennings, Individually and as Principal of Cardea Health

Dated: April 29, 2016

RESIDENTIAL CONTRACT (Revised 04/30/14) Prior versions are obsolete.



### Modifications of this form must be clearly differentiated.

This Contract is recommended for the sale of improved or unimproved residential real estate. If used for new construction or commercial real estate, appropriate modification is required.



CAUTION: This Contract contains an Attorney Approval Contingency. Read Paragraph ATC1 carefully for the procedure to follow in order to protect your right to have this Contract reviewed and approved, conditionally approved or disapproved by your attorney.

### CONTRACT

				ON I KAC	L			
Date: _			02/15/2016	("Contra	ct Date")			
1.	PAI (A)	RTIES. The parties ar Seller:	e as follows (individu Michele Socha	ally a "Party" and collec	ctively the "F	Parties"): David s	ocha	
	(5)	Address:					operty address	("Seller") s if blank)
	(B)	Purchaser:	Jennifer Jenn	ings			/5D	
2.	٨٥١	Address: 3537 Bal		Orchard Park		4127		urchaser")
2.	in th Con and pare of th in Pa	is contract, including P ditions of this contract 16 ("Contract"). This entheses or as defined is Contract. Reference	aragraphs ATC1 thro (Rev. 04/30/14) ("ATC Contract uses define in Paragraph ATC13. es to paragraph numb d terms and paragraph	er shall purchase the itemph 3(E)(1) - (5) as being ugh ATC14 of the attack C"), as well as the Riders ed terms shown as an Unless otherwise indicters which are preceded the references used in this	g included ( ned BAEC/E and attach initial capita ated, all par	"Included Ite BNAR appro ments refer alized word( agraph refe	ems") on the ter ved Additional T enced in Paragr (s), initially in qu rences are to pa	ms stated erms and aphs 3(B) totes and aragraphs
	(A) (B) (C) (D)	Additional Description  Additional Description  Per attached map/s  Includes interest in  Condominium Unit:  Current Uses/Improv  Vacant Land: See N  Land and Other Item  (1) All land; trees; but  (2) All fixtures and provided pumps, water filtrate electricity general standing planters; antennas and satisfences; undergroup backboards and pumping stoves, oi screens), grates and satisfences.	survey map Per a a homeowners' assort see Condominium/Frements: 2 2 /acant Land Rider. See Unless excluded idings; improvement perty attached or appexcept window units) ation systems and wattors); plumbing fixture; matching kitchen is sellite dishes; garage of and electric pet fencioneles; gas operated plumbing and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and gas fired space and glass enclosures; with the sellite dishes and glass enclosures.	ttached legal description in the content of the con	in Appro- ium/Homeo in Rider th 4 car ovements (sollowing iter rights; and re ildings and eptic system I and mecha ncluding bu storm doors, vanes; wind ooles; in-ground p	garage specify): ms are inclurights appur improvements, well pum anical system anical	Size: 78 acciation Rider  ded: tenant to the lare of the including: alle ps, water pumpers (including handscaping (except dawnings; extenail boxes; utilities age mounted be lated equipmen	nd. heating, os, sump ard wired ept free erior T.V. y sheds; asketball t; wood-
(A)	17	1196	Big Tree Rd	Aurora	ИХ	14052 qu		
	3	ener miliais		Page 1 of 13			Purchaser Initials	
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	(E	(4) (5) Inc (1) (2) (3) (4) (5)	curtain rods and appliances set for operation keys, of presently on the ranges, microward Seller's rights in Seller's rights to seller's rights of	traverse rods; all style both in Paragraph RPR1 remote units and all core Property and unless five ovens, trash compared to public and privareceive all future rents led Items.  pol(s) and related equipment (s) are	so of window and door blind in applicable; and all motor mponent parts.  Tree-standing, all cabinets, actors, humidifiers, dehuming and royalties due under an and royalties due under an appearance outdoor) and speaker wiring as of the date of the Proper e Contract Date, subject to	com systems; central vacuuming systems onoxide detectors; mirrors; window shades, s; cabinet and wall-mounted appliances; all ars, transmitters, receivers, controls, system shelving, dishwashers, refrigerators, ovens, differs and air filtration systems.  s, driveways, easements and rights of way. Included; Excluded; N/A  Included; Excluded; Exc
		(0)	O I I O O O O O O O O O O O O O O O O O	w incliqueo la Paranta	nn 3(E) Daraaranh 30	a rider or addendum to this Contract, the visions, including brackets; and also
4.	PL	JRCHA	ASE PRICE. The	ourchase price ("Purch	ase Price"), payable is LLC	visions, including brackets; and also
	(A)	,	-1	AL CIUSITIU, GEREL STR	Il credit to Purchaser the s	LIND OF MAIN SELL LA
	(B)	,	Agies Life LOUGAMIL	g deposit ( Deposit ). [	layable to and held in escri	ow by
		(1)	vvnen Purchaser	choice ("Escrow A signs this Contract;		("Bank") \$
			(a) THE ETTECTIVE	Date (as defined in Pa	aragraph ATC13(C)) follov aragraph ATC13(D)).	
		_	(a) carpinorious	Contingency (as define	ey Approval Contingency (a erty Inspection Contingenc ed in Paragraph VLR4(B)).	es defined in Paragraph ATC1).  y (as defined in Paragraph 9(A)(1)) or the
		The I	Deposit and any ad	ditional deposit paid p	ursuant to this Contract, if a	applicable (collectively "Deposits"), shall be
	4.5.	Selle Agen Agen	r's attorney if any E it within 3 Busines it's receipt of whicl	Deposits are not received a Days after payment pever of the Deposits were	d on time. In the event any is due, Seller may cancel	of the Deposits are not received by Escrow this Contract at any time prior to Escrow
	(C)	Aajus	sted Balance. Up	on delivery of the deed	("Closing") the Burchage	Price less (i) the Seller's Concession, <i>and</i> in this Contract ("Adjusted Balance").
5.	CO	NDITIC	ON OF PROPERT	Y AND INCLUDED ITE	EMS	·
	(A)	(2) p	nspection, if any, operform ordinary la	or if no Property Inspective and landscape mail	intenance and snow rome.	e condition as of the date of the Property e Contract Date;
	(B)					f the heating, air conditioning, plumbing,
	()					led by Seller before Purchaser signed this oplicable, ADR1, LBPR4 and VLR2, Seller
	(C)	Subject Parag	ct to (i) any rights	of Purchaser under	Paragraphs 9, 12(D) and	pplicable, ADR1, LBPR4 and VLR2, Seller of the Property and Included Items. LBPR5(B), (ii) Seller's obligations under all repairs agreed to in writing, Purchaser date of the Property Inspection, if any, or
(	)	-A-	1196 1	Big Tree Rd	Aurora	NY 14052]
1	31	Seller II				94
		Ochel II	inuais	1	Page 2 of 13	Purchaser Initials

Purchaser Initials

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if no Property Inspection is conducted, as of the Contract Date, and (b) as disclosed in the PCDS, if any, and shall accept the Included Items as set forth in Paragraph 3(E)(5).

(D) The Property shall be in "broom clean" condition and free of debris on the date of Closing.

	6. SELL	ER'S DIS	CLOS	SURES. Seller makes the following disclosures to the best of Seller's knowledge:
	⊠ Ye	s 🗆 No		Title. Seller has title to the Property, subject to the provisions of Paragraph ATC5, and Seller owns the Included Items.
	☐ Ye.	s 🗷 No	(B	Agricultural District. The Property is located partially or wholly within an agricultural district. If "Yes", see Agricultural District Rider.
	☐ Ye.	s 🗷 No	(C	Utility Surcharge. The Property is subject to a utility (e.g. gas, electricity, water) surcharge. If "Yes": Type/Purpose:
	☐ Yes	S 🗷 No	<b>(D</b>	Amount: Payable (i.e. monthly, yearly):
	⊠ Yes			Water Well. The Property has a private water well and/or other non-public water supply.
	X Yes		(E)	Public Water. The Property is connected to a public water supply.  Sentic System (4) The Property has been determined by the Property in the Property is connected to a public water supply.
			(• /	Septic System. (1) The Property has a private septic system approved for 6 bedrooms.  (2) If yes, the dwelling(s) on the Property:
	☐ Yes	□ No		(a) Will have been vacant for less than 90 days immediately a transmission of the second seco
				(a) will have been vacant for less than 90 days immediately prior to the inspection to obtain a Certificate/Approval (as defined in Paragraph 12(B)) for the septic system ("Septic Inspection") and the Property is serviced by metered water; or
	☐ Yes			(D) Will have been vacant for more than 90 days immediately prior to the Continue to
	☐ Yes			water or does/do not have a system of record with the applicable research to the service of the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the applicable research to the system of record with the system of record
	☐ Yes		(G)	r abite dewers. The Flobelly is connected to bubble coniton, sowers
	☐ Yes		(11)	nearing Ull/Propane. The Property is serviced by heating oil and/or property
	☐ Yes ☐ Yes		(1)	das allu Oli Wells. The Property has an uncapped natural das and/or all well
	□ res	⊠ No	(J)	Oil Gashwilleral Leases. Seller has received is receiving or is entitled to receive sentences.
	☐ Yes	⊠ No	(K)	Flood Zone. The Property is currently located in a special flood boxerd news.
	☐ Yes	<b>⊠</b> No	(L)	Note: If Yes, flood insurance will likely be required by an institutional lender.  Radon. The Property has been tested for radon.
	☐ Yes	🗷 No	(M)	Special Tax District. The Property is located in a special tax district having a separate tax bill
				(10) Overrible, bullate Flace, ballet/Kensington Riterage Dietrial)
	☐ Yes	⊠ No	(N)	rax exemption. (1) The Property tax bill(s) reflect(s) a tax exemption (e.g. STAR victorer's)
	☐ Yes	□ No		(2) if you, oblide is citilled to the exemption on the most reconfidence have
	☐ Yes	⊠ No	(0)	Special Tax Assessments. The Property is subject to assessments for special at least
				""Proventeits (e.g. Sidewalks, water/sewer lines)/"Special Tay Account 1-1"
	X Yes	□ No	(1-)	Vehicular Access. Vehicular access to the Property is currently by way of:
	☐ Yes	⊠ No		(1) a contiguous municipal road right of way. (2) a contiguous shared private road right of way.
	☐ Yes	⊠ No	(Q)	(2) a contiguous, shared private road right of way of record.  Shared Driveway. The Property is serviced by a shared driveway.
	☐ Yes	<b>⊠</b> No	(R)	Court Orders. Seller is currently subject to a court order that prohibits the sale or transfer of the
			. ,	Property without the consent of another person or further court order.
	☐ Yes	🗷 No	(S)	parkruptcy. Seller is currently in bankruptcy
	☐ Yes	⊠ No	(T)	Foreclosure. The Property is currently the subject of a foreclosure proceeding as a second
	₩ W			choding the Flobelty fild is in sites in excess of an days
	▼ Yes	□ No	(U)	Sufficient Funds. Including the proceeds from the sale of the Depart. O. W. J.
	☐ Yes	E Ma		remain to diode this transaction and pay an or Seller's closing costs and armanas
	L res	⊠ No	(V)	Toda violations. Notice from a dovernmental authority has been been been been been been been bee
	□ Yes	⊠ No	(W)	building codes and/or zoning ordinances, any of which violations continue as of the Contract Date.  FIRPTA Certification. Seller is a non-resident alien foreign corporation foreign corporation.
				foreign trust or foreign estate (as defined in the Internal Revenue Code and IRS Regulations).
7.	CLOSIN	G FUNDS	<b>.</b>	
	(A) Pur Par	<b>'chaser's</b> agraph 10	Repre or as	esentations. Purchaser represents that except for the proceeds of any financing selected in otherwise accepted by Purchaser and any Seller's Concession:
	$\sim$	_		OF Die Many Da
1 7	Now			Aurora NY 14052

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	(0	(3 3) S pi C) C re If Pi Bi 3	(" 2) In (a (b ale C rovide losin eal es yes, e urcha usines	Financial Institut order to close the ) the closing of for which Pur ) the receipt of ontingency. The din the Sale Co g Contingency. tate located at either Party may ser's Property of ess Days after a	cancel this Contract r upon proof that the Contract Closing Da any material breach,	ansaction	closing of the breach, termine of Purchaser	or credit union er may, require: any mortgage estate as sale of Purchase rchaser's Proper nation or cancella r's Property has r A)). Purchaser sle contract for Pur	Yes	☑ No ☑ No ☑ No ☑ No ract for thin 10
8,	LI Ø	-AD- (A	BASE ) Pr Le	ED PAINT DISCI e-1978 Constru ad Based Paint I	LOSURE. Seller repartion. The dwelling Rider must be attact uction. The dwelling	presents that: Charles on the Property hed to this Control	oose either (A) y was/were or	or (B) below. may have been	built prior to 19	
9.	IN	SPE	CTIO	N OF PROPERT	Y AND INCLUDED	ITEMS. Choose	either (A) or (B	ווג וח זשוא or late 3) below. ("(A)" i	∍r. <b>f blank</b> )	
		dhr		ser Initials	CAUTION: New Y licensed by the St have a property in	ork law requires	that any paid	l property inspe	ctor be proper	rly
		(B)	(2) (3) (4)	The Inspection tested by inspunsatisfactory following the lautilities are not notice given by Property Inspering damage to the but need notice. Inspection must Radon Notice. Openings in a hortesting for the Radon Test. Thotice of Resistatisfactory to I Property Inspection Perunder this Parage Contingency is corporated.	on to be conducted in. Purchaser shall he pector(s) chosen an results pursuant to Pater of (i) satisfaction in service on the Ey Seller that all application shall be determine Property or Include consent to any damast be satisfactory to Fadon is a colorless ome's foundation. In presence of radon in the Property Inspectiults and Right to Purchaser for any rection is received by Fiod, either Party may graph 9(A)(4) is not indeemed waived by Fition. Except for the Ispection conducted	ave the right to hat d paid for by Purchaser. Final Inspection (a) (a) (b) average to the Purchase (b) average to the Property Seller or Seller (c) average (c) av	rchaser ("Propshall be completed by the	perty Inspection" eted within val Contingency, er or Purchaser's spection Period"; t, without the con- vith Purchaser's r I Items. The res Contingency"). In seep into homes ted with increased surchase is advise es" if blank) Is of the Property e of the unsatisfe on or before the tes need not be dis er's attorney, the	and any noting ("7" if blank, or (ii) if all applies attorney receives attorney receives the second of Seller, it is also the Prosection of Seller, it is attorney to the Prosection of Seller, it is attorney to the Prosection of Seller, it is attorney results of the Property Inspection of Seller, it is attorney results of Seller, it is attorney	ice of days icable ives a of the result uests, operty s and incer.  No e not of the otice oction
n	FINA	A NICI	Purc	haser may have	under this Contract	or at law.	I not be deeme	d to waive or exp	and any other ri	ights
		(A) (B)	No F New (1)	inancing. Purch Loan(s). Application. Pu	apply below ("(A)" if naser will close this to the company of the control of the	ransaction withou	ith but in no a	ase later than	2012	Tu :c
			1	olariky days alte	i satisfaction of wall	ver of the Attorney	Approval Con	tingency, Proper	ty Inspection	5" if
	YI-	M Sellei	Initial		g Tree Rd	Auro	ra NY	4052 <b>9</b> 24 Purch	naser Initials	

	<ul> <li>(i) Loan Amount is not to exceed □ \$; or □% of the Purchase Price, plus any financed Private Mortgage Insurance, Mortgage Insurance Premium or VA Funding Fee ("Loan Amount").</li> <li>(ii) Loan Type is: □ Conventional □ FHA □ VA (See FHA/VA Option Clause) □ SONYMA; □ Other: ("Conventional" if all blank).</li> <li>(iii) Loan Term is: □ 30 year; □ 20 year; □ 15 year; □ year ("20 year; if all blank).</li> </ul>
	(iv) Interest Rate is: (Reference to "prevailing" rate is not permissible)  a fixed rate not to exceed % per year for a fixed rate loan, or;  an initial interest rate not to exceed % for an adjustable rate loan.
	(b) Second Loan/Grant is a year \[ \int \frac{\text{Fixed Rate}}{\text{Cath}} \] Adjustable Rate loan/grant in an amount not to exceed \[ \int \frac{\text{Second Loan/Grant}}{\text{Second Loan/Grant}} \] is a year \[ \int \frac{\text{Fixed Rate}}{\text{Cath}} \] Adjustable Rate loan/grant in an amount not rate (initial or fixed) not to exceed \[ \int \frac{\text{Y}}{\text{Cath}} \] in the Purchase Price with an interest
(2)	Purchaser may cancel this Contract if, at the time of loan application, Purchaser is not able to lock in at interest rate is not set forth in Paragraph 10(B)(1) or, if Purchaser elects not to lock in an interest rate is not set forth in Paragraph 10(B)(1) or, if Purchaser elects not to lock in an interest rate at the application (i.e. to "float"), Purchaser shall be obligated to accept a Loan Commitment for the applicable loan at any available interest rate with any required loan discount force.
(3)	Commitment. The written approval of Purchaser's application for a loan must have commitment and interest rate expiration dates after the Contract Closing Date and must not be conditioned upon: initial underwriting approval by the lender, verification of credit, receipt of an appraisal, payment of debt (other than mortgage(s) encumbering Purchaser's Property if Paragraph 7(A)(2)(a) is answered "Yes"), verification of funds or initial verification of employment ("Loan Commitment"). Purchaser shall deliver to Seller's attorney a complete copy of the Loan Commitment and notice of its acceptance by Purchaser within 3 Business Days after Purchaser's acceptance of a Loan Commitment. If a Loan Commitment within the terms set forth in Paragraphs 10(B)(1) through 10(B)(2) is not issued to and accepted by Purchaser by (choose either (a) or (b) below ("(b)" if both (a) and (b) blank))  [insert date]; or  [insert date]; or
	("Loan Commitment Due Date"), either Party may cancel this Contract at any time prior to Purchaser's acceptance of a Loan Commitment on terms the same as or different than those set forth in Paragraphs 10(B)(1) through 10(B)(2). Either Party may cancel this Contract if a Loan Commitment is granted but later cancelled without fault on the part of Purchaser. Purchaser shall promptly notify Seller of any Loan Commitment cancellation.  Cooperation.  (a) Seller shall promptly and in good faith cooperate with reasonable requests by Purchaser's lender(s) to provide access to the Property and Included Items and to execute documents which, except for the FHAVA Option Clause, do not modify the terms of this Contract.  (b) Purchaser hereby authorizes and agrees to execute any documents required to authorize Purchaser's lender(s) to deliver a complete copy of each Loan Commitment without any interest without authorize Purchaser's
☐ (C) Loai	1 Assumption. A loan is being assumed (Soc Loan Assumption B).
11. STATUS OF T	ITLE. Purchaser will accept title to the Proporty and Included the control of the C
12. IMPROVEMEN (A) Intended	Uses and Improvements. CAUTION: This Property may have easements, rights of way and answhich may affect intended uses of or improvements to the Property. Purchaser may be acquiring
Seller Initial	11102a N1 14052

		the	Property subject to these annuals
		CUI	Property subject to these encumbrances unless intended uses or improvements, different from the
			rent uses and improvements as set forth in Paragraph 3(C) ("Current Uses/Improvements"), are listed ow.
			Purchaser intends to use the Property for a □ one 区 two □ three □ four -family dwelling or □ other
		(2)	Purchaser intends to make the following specific improvements on or modification to the Community of the Com
			following specific use of the Property (for example, erection of fence, swimming pool or garage, parking of
			recreational vehicles):
		(3)	If any Intended Uses or Intended Improvements, different from the Current Uses/Improvements, are listed in subparagraphs (1) and/or (2) above, within 10 Business Davis of Uses/Improvements, are listed in
	(B)	Cert	ificates/Approvals Seller shall obtain contificates/Approvals
		appr	ificates/Approvals. Seller shall obtain certificates/approvals valid through the date of Closing issued by opriate governmental authorities evidencing compliance with all applicable laws, ordinances, regulations and is relating to the Current Uses/Improvements and as disclosed in this Control (1).
		code	es relating to the Current Uses/Improvements conding to the disclaration and applicable laws, ordinances, regulations and
		Inter	ided Improvements which are different from the Current Uses/Improvements) and/or required for the transfer of
		the F	Property (for example: certificate of occupancy, sump pump certificate and approvals of non-public sewage
		dispo	osal and water supply) ("Certificates/Approvals"). However, Seller shall have no obligation to supply a certificate cupancy or certificate of compliance for occupancy of the Property if the
	(C)		e or two family dwelling.  If and Delivery.
	(0)	(1)	Order Certificates/Approvals not already to the
		( - /	Order. Certificates/Approvals not already in Seller's possession shall be ordered, all applicable testing and inspections shall be requested, and all applicable applicable application for a shall be requested.
			Business Days after the later of (i) the Effective Date application feet shall be paid by Seller no later than 7
		(	Contingency, Property Inspection Contingency, Lead-Based Paint Inspection Contingency, Sale Contingency
		4.0.	and Investigation Contingency, if applicable. Any reinspassed Paint Inspection Contingency, Sale Contingency  Delivery. Seller shall deliver to Purchaser's attempts a serve of all Continued from the paid promptly by Seller.
	(D)	Ohio	Certificates/Approvals obtained shall be delivered to Purchaser at Closing.
	(0)		MONO, IL FUICHASEL HIVES SEHET NOTICE OF VOLID AND AND AND A HEALTH AND A CONTRACTOR AND A
		applic	her improvements located on the Property ("Condition Defects"), or if Seller receives notification from the able governmental authority that there is any problem which receives the seller receives notification from the
		the Ce	ertificates/Approvals can be obtained ("Correction Foundation feeds to be corrected before any one or more of
		Defec	ts and Corrective Faults, and have all possessor across shall, at Seller's expense, correct the Condition
		Closin	g Date. However, Seller may within 10 Rusiness Days following inspections completed, prior to the Contract
		of Cor	ndition Defects, a notice that Corrective Faults must be corrected, and/or a notice that an inspection cannot be
		condu	cted due to weather conditions, governmental delays or governmental policies, notify Purchaser that Seller will
		not (I)	correct the Condition Defects and/or Corrective Faults, and/or (ii) obtain one or more Certificates/Approvals
		(a NO	n-Correction Notice") provided Seller has timely complied with Seller's obligations under Paragraph 12(C)(1),
		Notice	cable. If, within 10 Business Days following receipt by Purchaser or Purchaser's attorney of a Non-Correction
	í	Correc	Purchaser does not elect to accept the Property and Included Items subject to the Condition Defects and entire Faults and without Certificates/Approvals which cannot be obtained without Certificates/Approvals which cannot be obtained without Certificates.
	1	Vothin	tive Faults and without Certificates/Approvals which cannot be obtained, either Party may cancel this Contract.
			g in this Paragraph 12 is intended to affect the rights of Seller or Purchaser under General Obligations Law n 5-1311, or as otherwise provided under this Contract.
13.	KEYS	S. At C	Closing Unless the Portice have made the
	all ke	/s. sec	Closing, unless the Parties have made other prior satisfactory arrangements, Seller shall deliver to Purchaser curity and access codes, and remote control openers (which must be in want to
	as fol	lows:	except and remarks sention openers (which must be in working order) for the Property, except
14	CLOS		("no exclusions" if blank).
14.			a Date. Closing shall be state on the same
	(,,, )	Busine	g Date. Closing shall be at the County Clerk's Office on the date set forth below or, if that date is not a
	Ē	] (1	(1) and (2) plank). Time is not of the accorde
		] (2	("60" if blank) days after the letter of (a) the Effective
		of	any applicable (i) Sale Contingency, (ii) Investigation Contingency, or (iii)
			The state of the s
4			1196 Big Tree Rd Aurora Ny (4052)
	Y 911	1	Aurora Ny 14052
12	<del>) '''\}</del>	eller Ini	tials
	-		Page 6 of 13 Purchaser Initials
			Instanetrorms

(the "Contract Closing Date"), or at such other time and place as the Parties mutually agree.

(B) Time of Essence Notice. Either Party (the "Declaring Party") may, at any time after the Contract Closing Date, notify the other Party that time is of the essence, which notice shall set a specific time for Closing on a Business Day that is on or after the 7<sup>th</sup> Business Day following receipt of the notice by the other Party or the other Party's attorney, provided (i) the Declaring Party has completed each obligation required of the Declaring Party by this Contract to be completed prior to Closing (a "Pre-Closing Obligation"), (ii) the number of days specified in this Contract for the completion of a Pre-Closing Obligation prior to Closing, if applicable, has or will have elapsed following actual completion of the Pre-Closing Obligation, (iii) the number of days available under this Contract to the other Party following the completion of a Pre-Closing Obligation, if applicable, has or will have elapsed following actual completion of the Pre-Closing Obligation, and (iv) the contingencies in this Contract for the benefit of the Declaring Party have been satisfied or waived, or, absent a default by the other Party, will or could be satisfied at Closing.

### 15. TAXES, ADJUSTMENTS AND CREDITS.

- (A) Special Tax Assessments. Purchaser will accept title to the Property subject to, and will pay, all Special Tax Assessments that may be payable in installments not yet due and payable as of Closing. Any Special Tax Assessment payable in installments may be so paid on the installment due date at the election of Seller.
- (B) Water Charges and Delinquent Taxes. Seller shall pay all water charges until Closing and all prior fiscal years' taxes and tax assessments, including interest and penalties.
- (D) Items To Be Credited. There shall be assigned and/or credited to the appropriate Party at Closing: security deposits and any accrued interest thereon; assumed mortgage escrows; the principal balance of and any accrued interest on any assumed mortgage; the principal balance of and any interim interest on any mortgage held by Seller; all penalties and interest on current fiscal years' taxes, assessments and Special Tax Assessments due as of Closing; increases in taxes due to an exemption termination, removal or revocation for the period from the date of the loss of the exemption to the date of Closing; and any other credits provided for in this Contract.
- (E) Post Closing Adjustment. Any errors and/or omissions in the computations used for Closing of adjustments, credits and/or taxes, including any increases due to an exemption termination, removal or revocation, which exceed \$100.00 in the aggregate, shall be corrected upon discovery and paid within a reasonable period of time following a demand for payment.

	(F) Loans. All loans which appear on any tax and/or utility bill(s) shall be paid in full by Seller prior to or at Closing.
16.	RIDERS AND ATTACHMENTS. This Contract includes the following Riders and attachments marked below:  Lead-Based Paint Rider ("LBPR")
17.	SIGNATURES. This Contract shall not become binding unless all Parties sign it, initial it (where appropriate) and delive it so that it is received by all Parties or their respective attorneys no later than 5:00 p.m. on ("None" if blank, this paragraph is not applicable).
18.	ATTACHMENT OF ADDITIONAL TERMS AND CONDITIONS.  (A) Receipt and Release. By initialing below, the Parties acknowledge having received and reviewed the attached ATC.  This Contract shall be void if all Parties do not acknowledge below that they received the ATC.
	Seller Initials  Purchaser Initials
	(B) Changes. Changes ☐ have ☒ have not ("have not" if blank) been made to the ATC. If "have not", any changes made to the ATC other than in Paragraphs 1 through 20 or in any Rider or Addendum shall be ineffective.

Page 7 of 13

Aurora

4052

Purchaser Initials

Instanetionas

1196 Big Tree Rd

eller Initials

19. BROKERS. The brokers listed below (individually a "Broker" and collectively the "Brokers") are:

#### LISTING REAL ESTATE BROKER

### SELLING REAL ESTATE BROKER

RE/MAX Hometown	Choice Dawn	M. LoPresto	40L01157778	Hunt Real Esta	te ERA Amy	G Mayfield	302202020
Broker	Agent		Lic. #	Broker	Agen		30MA0708878
5989 Big Tree	Pond	Talescol 13			5	ι	Lic. #
Address	KOAU	Lakeville	NY 14480	8780 Sheridar	Drive	Williamsville	NY 14221
F0F0 4 40 5 6 6				Address			
5853463700	5853463741	1099121	11801	7166335350	7166335947	20,000	
Office Phone/Fax		Brokerage Lic. #			/10033594/	39HU060	06354
		•		Office Phone/Fax		Brokerage Lic. #	
5857946887	D)	MBL1214@hotmai	il.com				
Other Phone	E-mail			Otto - Dt		agm1031@aol.	com
	_ 111011			Other Phone	E-mail		

20. OTHER TERMS. (If blank, this paragraph is not applicable.) In the event of a conflict between the provisions of this paragraph and the provisions of any other paragraph of this Contract, the provisions of this paragraph shall control.

CAUTION: Any Property Condition Disclosure Statement provided by Seller must be delivered to Purchaser and a copy attached to this Contract before Purchaser signs this Contract.

$\sim n \Lambda$	. 1	Authentisian	io tino contract.	
Seller Michele Socha	1/2/16	for Sec	02/16	/2016
	2/72/16	Purchaser Jennifer Jennin	gs	Date
Seller David Socha	Date	Purchaser		Date
Seller	Date	Purchaser		Date
Seller	Date	Purchaser		
				Date
Signature of authorized agent of Escrow Agent Name of authorized agent: Remax Hometown	Choice	Deposit received:  Yes [Must be signed even if Deposit ha	☐ No is not been received.]	
SELLER'S ATTORNEY	<u>′</u> .	PURCHASER	R'S ATTORNEY	
Firm Attorney		Hopkins,Sorgi etc	Peter Sor Attorney	gi
Address		26 Mississippi Street Address		
Telephone Fax		(716) 714-5699 Telephone	Fax	
E-mail address		psorgi@h:	rs-legal.com	
1196 Big T	ree Rd	Aurora wy	14052	

Aurora

NY

14052



March 29, 2016

Zoning Board of Appeals Town of Aurora 300 Gleed Avenue East Aurora, New York 14052

Re:

**Request for Area Variance** 

Property: 1196 East Main Street, Town of Aurora, NY

**Applicant: Cardea Health** 

Dear Zoning Board of Appeals:

Our firm represents Dr. Jennifer Jennings of Cardea Health, who, as agent for a limited liability to be formed, has entered into a contract to purchase 1196 East Main Street in the Town of Aurora, New York (the "Property"). This letter shall explain Dr. Jennings' proposed use of the Property and grounds for an area variance.

### **Proposed Use**

Dr. Jennings proposes to use the Property for her personal residence and to operate Cardea Health, which is a business Dr. Jennings owns in Cheektowaga and Dunkirk.

Cardea Health Integrative is a woman-owned progressive integrative medical practice with a 30-year history of care that focuses on the whole patient. Following a comprehensive history and exam, practitioners utilize diverse healing tools customized to each patient and may include hyperbarics, far infrared sauna, nutritive support, mineral pool, massage, acupuncture and more. This innovative medical model is similar to holistic models instituted at Cleveland Clinic, Duke and University at Kansas Medical Center. More information regarding Cardea Health can be found on the company's website at http://cardeahealthwny.com and at Exhibit A.

Consistent with Cardea Health's mission, one of the goals in selecting 1196 East Main Street is have a location that integrates the natural aesthetics of the Property with the treatment in a tranquil setting. Accordingly, 1196 East Main Street is an ideal location.

#### 1196 East Main Street

HOPKINS SORGI & ROMANOWSKI PLLC
Attorneys at Law

Consistent with Cardea Health's mission, one of the goals in selecting 1196 East Main Street is have a location that integrates the natural aesthetics of the Property with the treatment in a tranquil setting. Accordingly, 1196 East Main Street is an ideal location.

#### 1196 East Main Street

The Property consists of 83.22± acres and has a very large main house consisting of 5,300± square feet, a second house and a barn. Cardea Health's operations and Dr. Jennings' residence would be located in the main house. The second house and barn are not proposed to be used as part of Cardea Health's operations. A copy of the survey of the Property is attached as Exhibit B.

Of the 83.22± acres, 65.72± acres are permanently preserved open space subject to a recorded Conservation Easement, a copy of which is attached as Exhibit C. The Conservation Easement, along with the location of nearby properties, shown at Exhibit D, clearly show that there exists substantial buffering of the portion of the Property to be utilized from nearby residential uses.

#### Zoning

The Property is zoned Agricultural, as shown of the Town Zoning Map attached as Exhibit E. Pursuant to the Town's Table of District Regulations contained in the Town's Zoning Code, a copy of which is attached as Exhibit F, the proposed use is allowed pursuant to Table of District Regulations R1(5), as incorporated by referenced by Table of District Regulations (A(1), R2(1) and R3(1) which allows medical offices within primary residences limited to 1 employee. This application is for an area variance as up to 10 employees are proposed.

### **Grounds for Area Variance**

New York State Law § 267-b(3) set forth the standards for the granting of area variances as follows:

### 3. Area variances.

- (a) The zoning board of appeals shall have the power, upon an appeal from a decision or determination of the administrative official charged with the enforcement of such local law, to grant area variances as defined herein.
- (b) In making its determination, the zoning board of appeals shall take into consideration the benefit to the applicant if the variance is granted, as weighed against the detriment to the health, safety and welfare of the neighborhood or community by such grant. In making such determination the board shall also consider: (1) whether an undesirable change will be produced in the character of the neighborhood or a detriment to nearby properties will be created by the granting of the area variance; (2) whether the benefit sought by the applicant can be achieved by some method, feasible for the applicant to pursue, other than an area variance; (3) whether the requested area variance is substantial; (4) whether the proposed variance will have an adverse effect or impact on the physical or environmental conditions in the neighborhood or district; and (5) whether the alleged difficulty was self-created; which consideration shall be relevant to the decision of the board of appeals, but shall not necessarily preclude the granting of the area variance.

In making its determination the ZBA must balance "the benefit to the applicant if the variance is granted, as weighed against the detriment to the health, safety and welfare of the neighborhood or community by such grant." Here, there are clearly benefits to the applicant if the application is granted—namely, Cardea would be able to operate its business in a setting consistent with Cardea Health's mission, which integrates the natural aesthetics of the

Property with the treatment in a tranquil setting. Accordingly, 1196 East Main Street is an ideal location.

The five factors listed in § 267-b(3)(b) provide guidance as to the types of issues that can be considered, but are not dispositive in regards to area variances.

- 1. "whether an undesirable change will be produced in the character of the neighborhood or a detriment to nearby properties will be created by the granting of the area variance": The variance would not produce an undesirable change in the character of the neighborhood or a detriment to nearby properties. In fact, the size of the property and the conservation easement allow for buffering and will be consistent with the neighborhood which contains residences, businesses and NYS Rt. 400. Moreover, this use transitions a property which has sat vacant for several years into an active and vibrant use.
- "whether the benefit sought by the applicant can be achieved by some method, feasible for the applicant to pursue, other than an area variance": There is no other method to achieve the benefit sought.
- **3.** "whether the requested area variance is substantial": The variance is not substantial, when considering the size of the parcel and the ability to have the extra employees on site.
- "whether the proposed variance will have an adverse effect or impact on the physical or environmental conditions in the neighborhood or district": No structure will be enlarged nor will any improvements be altered. The conservation easement will leave the majority of the property in its natural setting.
- 5. "whether the alleged difficulty was self-created" the alleged difficulty was not

self-created, but rather the difficulty was created by the limitations set forth in the code which do not differentiate between sizes of parcels. The difficulty has also arisen from the changing of housing needs whereby larger estates are either not desired or not possible to purchase, which has resulted in the property sitting vacant for several years.

Sincerely,

HOPKINS SORGI & ROMANOWSKI PLLC

Peter J. Sorgi, Esq.

Enc.

cc: Martha Librock, Town Clerk
Dr. Jennifer Jennings

# CARDEA®HEALTH integrative

DR. JENNINGS, DNP, MS, AFRN, FNP-BC DR. ROBERT BARNES, DO

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Cheektowaga, NY 14225 ::

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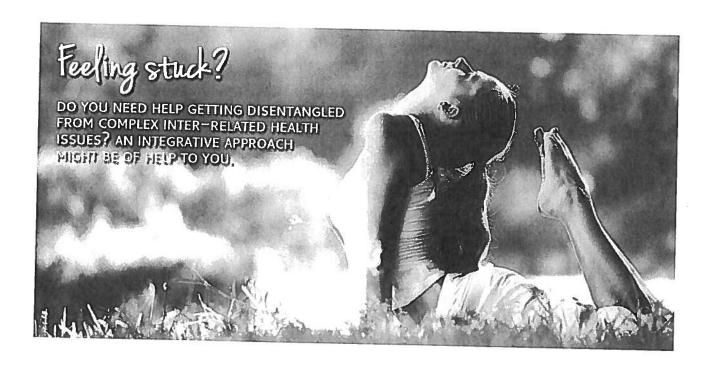
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A > Our Unique Approach



# Functional Medicine is the future of conventional medicine.

It seeks to identify and address the root causes of disease, and views the body as one integrated system, not a collection of independent organs divided up by medical specialties. It treats the whole system, not just the symptoms.

What is it?

To integrate means "To make into a whole by bringing all parts together; unify." Integrative Medicine (IM) is a term that describes a design of caring for patients considering mind, body and soul. Integrative practitioners globally assess patients, examining [in depth] the role of genetics, environmental exposures, risk factors for disease, the role of nutrition, exercise, stress and sleep on the manifestation of disease. Often times, integrative providers will analyze risk factors and treat for "pre" disease states, slowing the progression or even halting the presentation of an official disease state. The emergence of integrative medicine has offered patients a healing centered model focused on shared decision making.

### Why is CHI's Integrative Approach Important?

Integrative medicine is the future paradigm for holistic health care: the cornerstone of care is preventive medicine and the focus is identifying the root cause of disease or symptomatology. Patients are more educated that ever before and desire to be a partner in their healthcare decisions. Many patients that seek IM are interested in a patient centered relationship, whereas there are informed decisions and treatment options. They value spending time with the provider, feeling heard and developing a trusting relationship where healthcare beliefs are considered and valued.

# Are Certain Disease States Well Suited for Integrative Medicine?

All disease and healthy states are well suited for integrative medicine. Many patients want to maintain their youth and good health – they desire knowledge on recommended supplements and lifestyle changes. We also see many patients who have seen numerous providers and have not found a cause for their symptoms. It is not unusual for patients with autoimmune, fatigue, fibromyalgia, GI disorders, menopause, thyroid disease or cancer to visit integrative centers. Often times, patients are seeking comprehensive care for a complex, long standing disease state. It is important to remember that it takes years for disease to manifest and it will take time to support the body to heal, however with a committed provider and patient partnership, positive outcomes will result.

Patients often say, "I wish I would have found you sooner".

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Nutrient IV Therapy can instantly infuse every cell in your system with a powerful dose of nutrients to rapidly replenish your health and revitalize your body. It is scientifically shown to reverse adverse conditions related to stress, sleep, moods, migraines, depression, and autoimmune disorders. As your system is immersed with nourishing nutrients, revel in relaxation and indulge in the bliss of the spa-like setting as you experience this safe and effective treatment for healing, health, and happiness.

Sit back, relax, and bask in the benefits as your body is quickly quenched with vitamins, minerals, and amino acids that protect and correct your health.

IV Therapies at Cardea Health Integrative include:





ar and



MYERS' COCKTAIL

PERSONALIZED IV INFUSIONS

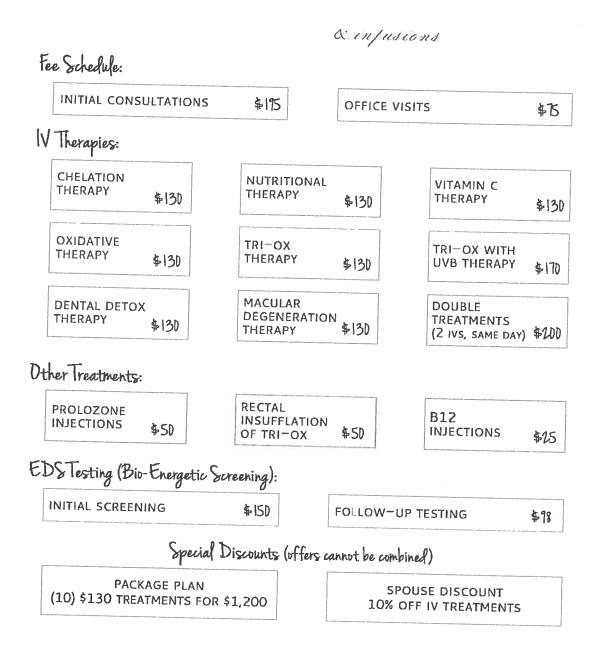


NUTRITION COUNSELING



Pricing and memberships are as followed:

CARDEA THEALTH



All fees are per visit. Payment is expected at the time services are rendered. We do accept cash, checks and credit cards (Visa, Mastercard, Discover and Amex). This office does not participate with any insurance plans. Most insurance plans do not pay for alternative medicine treatments. Fees are subject to change, there may be an additional charge if extra vitamins and/or nutrients are added to a standard IV mix.

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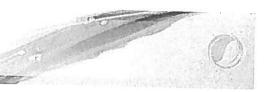
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☆ > Chelation Therapy

# CHELATION THERAPY



**Chelation** is the chemical process by which a metal or mineral (such as lead, mercury, copper, iron, arsenic, aluminum, calcium, etc.) is bonded to another substance. It is a natural process, basic to life itself.

Chelation:

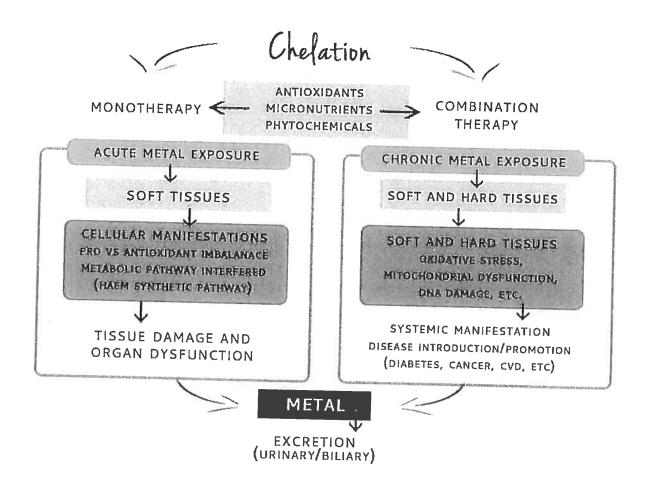
The process of which trace elements are bonded to amino acids, ensuring absorption into the body.

· Collins English Dictionary

Chelation is one mechanism by which such common substances as aspirin, antibiotics, vitamins, minerals and trace elements work in the body. EDTA (ethylene diamine tetra acetic acid) is a synthetic amino acid which has the ability to attach itself to metals and minerals, forming a particular kind of bond called a chelate. Heavier metals such as lead have a greater affinity for EDTA and form stronger bonds.

Chelation Therapy – Is the intravenous infusion of a synthetic amino acid, EDTA, into the bloodstream. As it moves through the blood vessels, it cleanses away toxic metals and calcium deposits that form plaque.

You may benefit from EDTA Chelation Therapy if you have or have had many different problems including: angioplasty, leg cramps, poor circulation, diabetes, bypass surgery, arthritis and angina.



For additional information on Chelation Therapy, Email cardeahealthwny@gmail.com, or reach out via our **Contact Page**.





Click Here To View/Download Chelation Therapist Certificate from ACAM.

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Triple Oxygen Therapy



Triple Oxygen Therapy is one of nature's most powerful oxidants and is used to treat a wide range of illnesses, such as: wound infections, diabetes, heart disease and colitis. At higher concentration, triple oxygen exhibits strong germicidal effect destroying virus, bacteria and fungus. At a lower concentration, triple oxygen stimulates the delivery of oxygen to the cells and enable the immune system to function properly. This IV Therapy is often used in conjunction with Chelation Therapy.

For additional information on Triple Oxygen Therapy, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page.

Go to: Chelation Therapy

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> UVB (Ultravoilet Light) Therapy

# UVB (ULTRAVIOLET LIGHT) THERAPY



UVB (Ultraviolet Light) Therapy is used in conjunction with TriOx therapy to eradicate bacteria, virus, fungus, mold, and parasites. UVB light kills infections of all sorts, and the energy is transferred from the light to the blood and is spread to every cell in the body.

UVB Therapy is designed to produce the following beneficial reactions:

- · Anti-inflammatory effects
- Improved micro circulation and oxygenation of tissues
- Stimulation of the immune system
- Increased tolerance of the body towards radiation or chemotherapy.
- · Cardiovascular protection through increased metabolism of cholesterol, uric acid, and glucose
- Resolution of vascular spasms
- · Powerful anti-infection properties

With the overuse of antibiotics, many bacteria have become resistant to light and oxygen, making this an invaluable therapy.

For additional information on UVB (Ultravilet Light) Therapy, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page.

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♠ → Oxidative Therapy

CHELATION THERAPY

TRIPLE OXYGEN THERAPY

# OXIDATIVE THERAPY

OXIDATIVE THEDADY

We know there candbrent block candation inder the process through which the body converts sugar into energy. The body also uses oxidation as BIO-ENERGETIC TESTING its first line of defense against bacteria, virus, yeast and parasites. Even breathing oxygen is an oxid和最多的种品等 When we see which we see the principals of oxidation to bring about improvements in the body it is called a therapy herein referred to as Oxidative MYERS, COCKTAIL

# LIFE CHANGING NUTRITION PROGRAM

A number of substances are known to cause oxidation in the body, but the most important of these is hydrogen peroxide. Hydrogen peroxide, when exposed to blood or other body fluids containing the enzyme catalase, is chemically split into oxygen and water. A small amount of hydrogen peroxide can supply large amounts of oxygen to the tissue.

Injections of Hydrogen Peroxide are not new. Its intravenous use was first reported by Dr. T.H. Oliver in the British Medical Journal (Lancet) in 1920. The use of hydrogen peroxide injections to generate oxygen in the body has been studied at many major medical research centers throughout the world. Today, between 2 and 100 scientific

articles are published each month about the chemical and biological effects of hydrogen peroxide.

There are many theories about the different functions of hydrogen peroxide in the body and a great deal of scientific material supports almost every one. Hydrogen peroxide is produced in the body in different amounts for different purposes. It is part of a system which helps your body regulate all living cell membranes. Scientists are discovering the function of hydrogen peroxide in the body is far more complex and important than previously realized.

For additional information on Oxidative Therapy, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page

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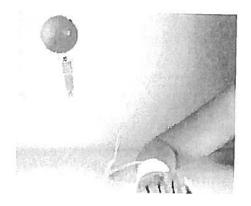
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Nutritional & Vitamin C Therapy

# NUTRITIONAL & VITAMIN C THERAPY

One of the most widely used nutrients in IV therapy is vitamin C. This vitamin has been studied for its beneficial actions in cancer treatment for over 25 years. It has been shown that at high doses, vitamin C is preferentially cytotoxic (destructive) to tumor cells, yet spares healthy tissue. A recent 2013 article demonstrated the safety and efficacy of high-dose vitamin C therapy in patients with pancreatic cancer who were concurrently receiving chemotherapy medications. The IV therapy protocol group had a survival time that was double that of standard treatment alone!



Also, this therapy has been shown to improve quality of life for breast cancer patients and reduce inflammation markers, which is important for a better prognosis. The same trial showed that IV vitamin C decreased tumor markers in 77% of prostate cancer patients and 73% of breast cancer patients.

Recent scientific papers have also concluded that IV Vitamin C does not interfere with the effectiveness of chemotherapy and in fact can reduce the side effects for those receiving conventional medical therapies.

A Vitamin C IV is also highly recommended immediately after the removal of amalgam dental fillings. Several research studies have indicated that vitamic C is able to bind the mercury present in amalgam fillings, and safely chelate (remove) it from the body.

For additional information on Vitamin C Therapy, Email cardeahealthwny@gmail.com, or reach out via our Contact Page

Read More: High Dose Vitamin C Questions & Answers from the National Cancer Institute.

Read More: Assessing the Efficiency & Safety of Intravenous Vitamin C in Combination with Standard Chemotherapy for Pancreatic Cancer.

VIDEO: Vitamin C Therapy & Cancer Prevention.

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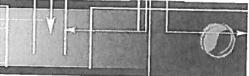
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Bio Energetic Testing

# BIO-ENERGETIC TESTING



Electrodermal Screening (EDS) Test or Bio-energetic Testing – just what is it? According to traditional Chinese medicine, a form of bodily energy called chi is generated in internal organs and circulates throughout the body, forming paths near the surface of the skin called meridians. This whole-body network is called the meridian system. Acupuncture points are the points on the skin, usually located on meridians, where the circulation of chi can be manipulated. The meridian energy flow also carries with it information about internal organs that can be used in diagnosis. This is the basis of the electrodermal screening test. The EDS test works by measuring electrical resistance and polarization at acupuncture points and meridians. Through these safe, skin-level measurements, it is possible to analyze the bio-energy and bio-information produced by internal organs and systems.

The EDS test is one of the most thorough, powerful, and promising modern holistic medical/diagnostic methodologies. The EDS test succeeds at addressing the body holistically for a number of reasons:

1. A standard EDS examination enables the practitioner to quickly and safely collect information on 40 individual systems.

- 2. The bio-information signal read by the EDS device is a very direct and true description of the condition of the body because the body creates it.
- 3. The meridian network regulates or at least participates in every type of bodily function, so naturally it is a very good means by which to monitor the function of the whole body.
- 4. Medicine testing allows the technician to test any and every type of medication on the individual patient. This allows the technician to explore all types of available treatment and determine possible side effects with no risk to the patient.

For additional information on Bio Energetic Testing, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page.

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☆ > Myers' Cocktail

# MYERS' COCKTAIL

The Myers' Cocktail combines magnesium, calcium, B vitamins, and vitamin C. This combination of nutrients is versatile for immune boosting and adrenal support. Myers' cocktails have been found effective against a variety of conditions including chronic fatigue, depression, fibromyalgia, muscle spasms, asthma, seasonal allergic rhinitis, sinusitis, cardiovascular disease, adrenal fatigue, acute/chronic infections, chronic pain, migraines and quick recovery for athletes. Nutrient depletion can be caused by poor diet, refined foods, alcohol, smoking, chronic illness and emotional & physical stress. Stress "eats up" nutrients, especially B vitamins and magnesium.



Vitamin C has antioxidant, antiviral, antihistamine and in high doses, pro-oxidant anti-cancer properties. I.V. Vitamin C is indicated for immune support, allergies, wound healing, viral conditions and in some cases acute bacterial infections. Vitamin C can also be given to cancer patients with approval from an oncologist.

Magnesium deficiency is common, which may result in muscle spasms and fatigue. Replenishing this mineral is especially useful to treat asthma (bronchial spasms), high blood pressure (spasm of blood vessels), menstrual cramps (spasm of the uterus), migraines (spasm of blood vessels), and adrenal fatigue.

Glutathione is a powerful antioxidant which neutralizes free radicals, enhances the immune system, and improves liver detoxification. It also improves symptoms related to neurological conditions such as Parkinson's disease and nerve tissue damage from chemotherapy and diabetes. Glutathione is also highly effective to speed recovery from respiratory & sinus infections.

Alpha-Lipoic Acid (ALA) is a key antioxidant possessing neuroprotective and anti-aging properties. ALA is both water and fat soluble, allowing it to eliminate free radicals throughout the body including the brain. ALA enhances the activity of vitamins C and E, Co-Q 10 and increases levels of glutathione in the cells. ALA is effective for conditions

Nutrients in Meyers' Cocktail:

Magnesium chloride hexahydrate 20% (magnesium)	2-5 mL
Calcium gluconate 10% (calcium)	1-3 mL
Hydroxocobalamin 1,000 mcg/mL (B12)	1 mL
Pyridoxine hydrochloride 100 mg/mL (B6)	1 mL
Dexpanthenol 250 mg/mL (B5)	1 mL
B complex 100 (B complex)	1 mL
Vitamin C 222 mg/mL (C)	4-20 mL

such as asthma, cataracts, metal poisoning, radiation exposure, heart and liver disease, diabetic neuropathy, autoimmune diseases, inflammation and rheumatoid arthritis.

For additional information on Meyers' Cocktail and Nutritional IV Therapy, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page.

Read More: Review - Intravenous Nutrient Therapy: the "Myers' Cocktail' by Alan R. Gaby, MD.

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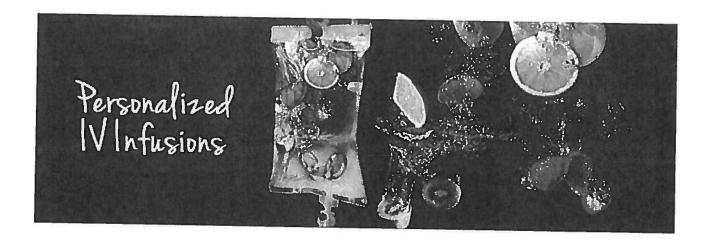
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> Personalized IV Infusions



### 1. VitaFuse Signature Infusion

Take Control of your health. Restore vitality, increase your energy and just feel better overall. Our customized, balanced solution quickly replenishes the vitamins and minerals you need for energy, optimal health and well-being. Achieve the maximum effectiveness of essential nutrients by sending them directly to your cells. This IV is great for general nutritional supplementation.

### 2. Weight Loss Formula

Safely reduce body fat and control cravings with an infusion of our uniquely formulated, weightloss solution. Receiving vitamins intravenously decreases the likelihood of experiencing severe hunger, because your cells are not "starving" for important nutrients.

### 3. Anti Aging and Skin Rejuvenation

Antioxidants help repair damage caused by stress, poor nutrition and aging. We deliver antiaging nutrients directly to your cells where they're needed most. This solution will help you combat the aging process, hydrate and repair cells, and improve your skin's appearance and elasticity.

### 4. Energy

Don't live with exhaustion. Increase your energy, focus and stamina. Safely saturate your cells with vitamins, minerals and amino acids that your body requires. This formula uses only natural ingredients that the body needs for energy. It avoids stimulants like caffeine and guarna which are often found in popular energy drinks.

### 5. Immunity Booster

The best defense is a good offense! Go on the attack against viral, bacterial and fungal infections. Bolster your immunity with our formula that contains immune-boosting nutrients. Give your body the fundamental tools it needs to fight and win!

### 6. Athletic Performance

Our athletic performance IV is the best option before starting an exercise program that includes high physical demands. It's a great option for those training for Marathons, Triathlons, Preseason training and just intense body shaping. This formula works best when provided in a series of 4-8, depending on the timing of the event. It has important B vitamins and other important nutrients that help muscles, endurance, and energy.

For additional information on Cardea Health's IV Therapy, Email CardeaHealthWNY@Gmail.com, or reach out via our Contact Page.

Video: Nutrient IV Therapy - Are IV Treatments for Common Ailments A Good Idea?

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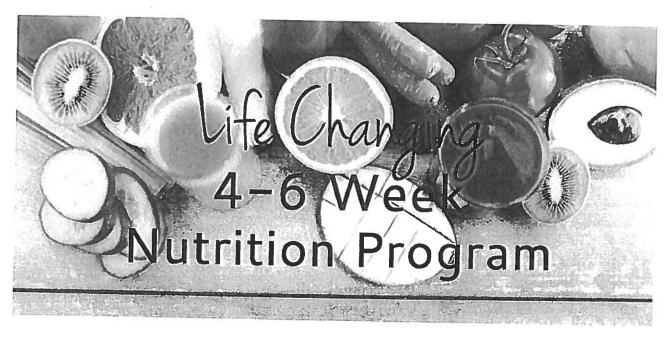
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😚 🗦 Life Changing Nutrition Program



**Health and Lifestyle Evaluation** | Initial consultation will last approximately 60 minutes and will include a complete a health and lifestyle evaluation. Based on your health concerns, you may also be given additional questionnaires to complete. You will also be given a 5-7 day food and activity log to complete for our next meeting.

**Current Diet Analysis** || At our second meeting, we will analyze and review your current diet and lifestyle and discuss the changes that can be beneficial or advantageous. You will also receive a recommendations report and relevant handouts.

**Recommendations Report** || Report outlining which foods to avoid, which foods to add, supplement recommendations, herbal recommendations, and lifestyle recommendations.

**Relevant Handouts** | It's all about education. You will receive many relevant handouts at each meeting, which are designed to educate you about which foods and nutrients are healthy and why. We will teach you everything we know, which will make it much easier for you to made educated choices about your health.

 $\bf 5$  day Meal Plan  $\parallel$  Customized just for you, providing the nutrition you need. It's not a diet, it's a lifestyle.

**Recipes** (From your meal plan) || Delicious and custom recipes for breakfast, lunch, and dinner will be provided along with healthy snack ideas. Most recipes also include health benefits of key ingredients so you know exactly why they are beneficial to your health. Have a recipe you can't live without? Bring it to us and we can make it healthy for you.

**4 meetings, in person, via phone, or Skype** || Initial consultation approximately 90 minutes, follow up meeting approximately 50 minutes. We will discuss your progress, concerns, struggles, successes, and make any changes if need be.

**Unlimited Email Support** || Have a question? Email me for a quick response inbetween meetings and beyond. We are in this together!

#### \$295

\*\*You can add this nutrition package to any IV package for only \$195.

### Single Services

Initial Consultation || In this 60 minute consultation, you will complete a health evaluation history and discuss your health goals. Relevant handouts and verbal recommendations will be provided. If you choose a second consultation, you may be given various questionnaires to be completed. You will also keep a 5-7 day food and activity log to be analyzed at the second meeting. \$80

**Follow-up Counseling** | Based on the results of the questionnaires and analysis of your food/activity log, diet and lifestyle recommendations and relevant handouts will be provided. If you would like a customized meal plan with recipes, it can be created after this meeting (30 minutes). \$50

**Additional Counseling Sessions** || Discuss your progress, struggles, successes, and add support and additional helpful information and handouts (30 minutes). \$50

**5 Day Customized Meal Plan with Recipe Book** || You will receive a customized meal plan created to optimize your health, heal your gut, detoxify your body, and increase your energy. Also includes recipes with nutritional information. \$75

Analysis of Your Condition & Recommendation Report || Detailed description of your condition with lifestyle, nutrient, and supplement suggestions to improve, reverse, or support your condition. \$45 \*\*Initial consultation must be scheduled in order to purchase services 2 – 6.

### **Other Services**

**Grocery Store Tours** || Learn how to avoid GMOs, what is the dirty dozen and clean 15, how to find the healthiest options, and which ingredients to avoid. Shopping list and handouts included. Group and individual tours available.\$35/hr. individual, \$20/hr. per person for group (max 4 people).

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> Client Testimonials & Stories

- ⇒ "Two of my three bypasses had failed and little more could be done for me as my heart was not strong enough to survive the rigors of a second bypass surgery. I have now had 34 Chelation therapy sessions. My office staff says my color has returned and I am more vital, alive, and able to do more then simply sit behind my desk all day. My podiatrist says that the pulse in my feet and toes is distinctly better. Chelation therapy and the vitamin ritual I was put on have changed my life and I am deeply and forever grateful." – W. J.
- $\Rightarrow$  "I have had 2 coronary artery bypass operations and I started experiencing angina and shortness of breath to the point where just walking was very uncomfortable. After an angiogram I was told the only thing that would help me was another bypass but due to my age (79) and the fact that a third bypass was very, very risky, they would not recommend it. I must tell you after 5 treatments of EDTA Chelation and vitamins and minerals, I noticed an improvement in my wellbeing and a reduction in chest pains. Now after 40 plus treatments, my quality of life is such that I have resumed my normal lifestyle." – D.M.
- $\Rightarrow$  "I have been free of angina pains and also free of breathing problems caused by asthma. I can walk up hills without being short of breath." - G. R.
- ⇒ "At age 48, I noticed myself becoming short of breath. After undergoing various tests, it was determined that I had a clogged artery, which required angioplasty to open it back up. Two years later, I had noticed aching in my arms and neck and shoulders at which time in my life (50yr.), I decided to look for other therapies for help in curing heart disease. My search led me to the

Barnes Wellness clinic where I had received 40-50 treatments of EDTA (Chelation therapy) which appeared to be helping. I had stopped treatments for 8 months, and noticed the symptoms coming back. This time my blood pressure had gone up to 160/100. Not good. Dr. Barnes sent me info regarding new treatments known as triple oxygen. After receiving the first treatment, my blood pressure started coming down and after the third treatment my blood pressure became normal and the other symptoms (aching arms, neck & shoulders) had left. I have also had a difficult time sleeping, but since the first treatment I have slept every night." – P. L.

- ⇒ "Chelation Therapy has done me great wonders. If it wasn't for Chelation Therapy I probably would not be here today because what it did to help my heart condition." R.A.J.
- ⇒ "I was diagnosed with macular degeneration the dry kind in my left eye. I had regular eye examinations and I was referred to a retina specialist for the right eye. They discovered a hemorrhage and did a laser procedure to control the problem. In about 6 months, I was unable to read, write or drive. I went to another specialist for a second opinion and after extensive tests, both specialist agreed that there was nothing that could be done. I was told to go home and return in one year. I was told that I would be functional in other words, could feed and dress myself. A friend told me about Dr. Barnes. I met with Dr. Barnes and he said he might be able to help but not to expect miracles. It took some time but my vision improved at every yearly exam. At my most recent exam, I was able to read the third line on the eye chart with my left eye and before starting with Dr. Barnes, I couldn't see the chart. I can now do many tasks again that I couldn't for a couple years." C.C.
- ⇒ "After being diagnosed with a chronic illness (chronic fatigue syndrome) my journey back to a functional level of health has lead me down many different paths. I would learn during this journey that many treatments that really help people heal would: 1. Not be accepted by the medical community unless they provided wealth to the pharmaceutical companies and 2. If they were not understood or out of the mainstream of medical thinking they would be dubbed quackery. Having a set back in my illness, I began IV therapies with Dr. Barnes. After several months, a slow upward progression took place, taking me back to a higher level of wellness. Today my energy level is back to where it was before my illness, my sleep is better than it has been in years. I would encourage you to take charge over your own health and well being."

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Evidence Based Medicine: Reviews

Evidence-Based Medicine: Literature Reviews

When talking to your patients about alternative medicine, you want to be able to answer the question: Is there any scientific evidence that this alternative medicine product or practice works and is safe? The resources on this page will help inform you about what the science says (limited to the past 5 years).

#### Açai

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Acupuncture

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

### Acupuncture for Chronic Pain

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

### Aging

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Aloe Vera

- Systematic Reviews/Reviews/Meta-analyses (PubMed<sup>®</sup>)
- Randomized Controlled Trials ( $PubMed^\circledast$ ) .
- Herb-Drug Interactions (PubMed<sup>®</sup>)

### Alzheimer's Disease / Dementia

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### **Antioxidants**

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

### Anxiety

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### **Arthritis**

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Asthma

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

Attention-Deficit Hyperactivity Disorder (ADHD)

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Ayurvedic Medicine

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

# Benign Prostatic Hyperplasia and Complementary Health Practices

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Black Cohosh

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)
- Herb-Drug Interactions (PubMed®)

### Bodybuilding

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Calcium

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Cancer

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- Randomized Controlled Trials (PubMed®)

#### Cannabis

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#### Chamomile

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### Chiropractic

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#### Cholesterol

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- Randomized Controlled Trials (PubMed®)

### Chondroitin and Glucosamine

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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#### Cold and Flu

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### Cranberry

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#### Creatine

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#### Depression

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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### Diabetes

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

# Dietary Supplements and Safety

Literature on Dietary Supplements and Safety (PubMed<sup>®</sup>)

Dimethyl Sulfoxide (DMSO) and Methylsulfonylmethane (MSM) for Osteoarthritis

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

### Echinacea

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)
- Herb-Drug Interactions (PubMed®)

### **Erectile Dysfunction**

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### **Evening Primrose Oil**

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#### Eye Conditions

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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### Fenugreek

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### Fibromyalgia

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# Folic Acid and Pregnancy

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#### Garlic

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- Randomized Controlled Trials (PubMed®)
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### Ginkgo

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#### Ginseng

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#### Headache

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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#### Heart Disease

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#### Hepatitis C

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- Randomized Controlled Trials (PubMed®)

# Hepatitis C and Silymarin

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Hormones

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#### Hypnosis

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- Randomized Controlled Trials (PubMed®)

# Irritable Bowel Syndrome

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Low Back Pain

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#### Massage

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#### Meditation

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#### Menopause

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## Military Personnel

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#### Milk Thistle

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- Herb-Drug Interactions (PubMed®)

#### Naturopathy

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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# Omega-3 and Cardiovascular Diseases

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
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## Omega-3 Fatty Acids

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

# Omega-3 Fatty Acids and Prostate Cancer

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- Randomized Controlled Trials (PubMed®)

#### Osteoarthritis

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

#### Pain

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials (PubMed®)

# Pediatric Immunization Controversy

Literature on Pediatric Immunization Controversy (PubMed®)

#### **Pediatrics**

- Systematic Reviews/Reviews/Meta-analyses (PubMed®)
- Randomized Controlled Trials ( $PubMed^{\circledast}$ )

#### Placebo Effect

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- Literature on Placebo Effect (PubMed®)

## Post-Traumatic Stress Disorder

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# Safety and Complementary Therapies

Literature on Safety and Complementary Therapies (PubMed<sup>®</sup>)

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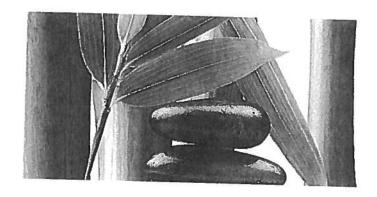
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