

# ERIE COUNTY

STANDARD 2015 Please come

# DECEMBER

SENIOR STAY-FIT DINING  
and enjoy a wonderful, nutritious meal

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>30</b> Cheese Omelet w/Creole Sauce Home Fries w/Peppers Sweet Peas Blueberry Square Pineapple Tidbits 784	<b>1</b> Hamburger w/Gravy & Ketchup Soft Roll Baked Beans California Mixed Vegetables Fruited Gelatin 890	<b>2</b> Roasted Chicken Thigh Spanish Rice Brussels Sprouts Italian Bread Fresh Apple 626	<b>3</b> Julienne Entrée Salad Ham, Turkey Swiss Cheese Cherry Tomatoes, Carrots Fresh Lettuce Blend Muffin Square Mandarin Oranges 719	<b>4</b> Lasagna Roll w/Vegetable Cheese Sauce Green Beans Wheat Dinner Roll Chocolate Cake w/Cream Cheese Frosting 810	
	<b>7</b> Chicken & Sausage Jambalaya Chopped Broccoli Tender Corn Peach & Pear Cup 636	<b>8</b> Sliced Ham w/Mustard Sauce Lazy Pierogi Green Beans Rye Bread Strawberry Bavarian 577	<b>9</b> <u>SOUPER WEDNESDAY!</u> Sloppy Joe Sandwich & Hearty Vegetable Soup Wheat Soft Roll Carrot Coins Cookies 927	<b>10</b> Breaded Pork Loin w/Gravy Whipped Potatoes Seasoned Spinach Wheat Roll 983 Cake w/Chocolate Frosting	<b>11</b> Entrée Chicken Salad Grilled Boneless Chicken Cherry Tomatoes, Carrots Fresh Romaine Lettuce Croutons, Dressing Ambrosia 635	
	<b>14</b> Knockwurst w/Sauerkraut Hot Dog Bun Whipped Potatoes California Mixed Vegetables Vanilla Pudding 705	<b>15</b> Turkey Medallions in Gravy Harvard Beets Brussels Sprouts Wheat Roll Pineapple Tidbits 543	<b>16</b> <u>X-MAS LUNCH!</u> Chicken Cordon Bleu Herbed Cheese Sauce Green Beans, Glazed Carrots Fancy Apple Pie Chef Salad w/Dressing 1038	<b>17</b> Sliced Ham w/Mustard Sauce Sweet Potatoes w/Apples & Raisins Sweet Peas Fresh Fruit 566	<b>18</b> Baked Fish w/Lemon Dill Sauce Stewed Tomatoes, Coleslaw Broccoli-Cheese-Rice Casserole Cookies 828	
	<b>21</b> Turkey Vegetable Casserole Whipped Potatoes w/Chives Buttermilk Biscuit Fruit Delight Cookie 856	<b>22</b> Chili Con Carne Shredded Cheese White Rice Herbed Carrots Grape Juice Chocolate Pudding 804	<b>23</b> Lasagna Roll w/Vegetable Cheese Sauce Green Beans w/Peppers Wheat Roll Fruited Gelatin 676	<b>24</b> MERRY CHRISTMAS!  <u>NO MEALS SERVED</u>	<b>25</b> MERRY CHRISTMAS!  <u>NO MEALS SERVED</u>	
	<b>28</b> Breaded Chicken Cutlet w/Gravy Brussels Sprouts Mashed Squash Multigrain Bread Pineapple Tidbits 569	<b>29</b> Polish Sausage w/Sauerkraut Whipped Potatoes Mixed Vegetables Hot Bog Bun Fruited Gelatin 699	<b>30</b> <u>NEW YEAR'S LUNCH!</u> Breaded Pork Loin w/Gravy & Stuffing Lyonnais Potatoes California Mixed Vegetables Banana Cream Pie 1197	<b>31</b> Goulash w/Shredded Cheese Italian Bean Medley Chef Salad w/Dressing Dinner Roll Fresh Fruit 873	<b>1</b> HAPPY NEW YEAR!  <u>NO MEALS SERVED</u>	

served at one of 47 dining sites located throughout ERIE COUNTY.