

ERIE COUNTY DINING

NOVEMBER

SENIOR STAY-FIT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Swedish Meatballs over Pasta Brussels Sprouts Carrot Coins Fruit Delight Cookie 768	3 Ricotta Stuffed Shells with Meat Sauce Cauliflower Chef Salad w/Dressing Tropical Fruit 855	4 Breaded Chicken Cutlet w/Gravy Peas & Carrots Stewed Tomatoes Chocolate Frosted Cake 802	5 Julienne Entrée Salad Ham, Turkey, Swiss Cheese Cherry Tomatoes, Carrots Fresh Lettuce Blend Pumpkin Bavarian 722	6 Breaded Fish w/Tartar Sauce, Soft Roll Au Gratin Potatoes Diced Beets Fresh Orange 756
	9 Lasagna Roll w/Meat Sauce Cauliflower Italian Style Beans Italian Bread Diced Peaches 686	10 <u>VETERAN'S LUNCH</u> Breaded Pork Chop w/ Pan Gravy Whipped Potatoes California Mixed Vegetables Fancy Apple Pie 953	11 VETERAN'S DAY HOLIDAY! NO <u>MEALS SERVED</u>	12 Sweet & Sour Boneless Chicken Breast Whole Wheat Roll Mashed Squash Tender Peas Cookies 871	13 Homemade Meatloaf w/Gravy Whipped Potatoes Orange Glazed Carrots Chocolate Pudding 873
	16 Veal Parmesan over Penne Pasta, Tomato Sauce & Mozzarella Cheese Chopped Broccoli Grape Juice Fresh Apple 1026	17 Turkey A La King Buttermilk Biscuit Mixed Vegetables Apple Juice Orange-Pineapple Velvet 639	18 Boneless Chicken Breast w/Gravy Oven Browned Potatoes Chef Salad w/Dressing Tropical Fruit Cup 704	19 Diced Pork in Gravy Sweet Potatoes w/Apples & Raisins Italian Green Beans Dinner Roll Frosted Brownie 789	20 Beef & Rice Patty Cabbage in Savory Sauce Whipped Potatoes Breakaway Roll Strawberry Bavarian 851
	23 <u>THANKSGIVING LUNCH!</u> Sliced Turkey, Stuffing & Gravy, Molded Cranberries Whipped Potatoes w/Chives Green Bean Casserole Pumpkin Pie w/Topping 1136	24 BBQ Pork Ribette Mashed Sweet Potatoes Mixed Vegetables Slider Roll Peach & Pear Cup 902	25 Meatballs, Penne Pasta & Tomato Sauce Sweet Peas Chef Salad w/Dressing Apple Crisp 935	26 <u>THANKSGIVING DAY</u> <u>HOLIDAY!</u> <u>NO MEALS</u> <u>SERVED</u>	27 <u>THANKSGIVING DAY</u> <u>HOLIDAY!</u> <u>NO MEALS</u> <u>SERVED</u>
	30 Cheese Omelet w/Creole Sauce Home Fries w/Peppers Sweet Peas Blueberry Square Pineapple Tidbits 784	1 Hamburger w/Gravy & Ketchup Soft Roll Baked Beans California Mixed Vegetables Fruited Gelatin 890	2 Roasted Chicken Thigh Spanish Rice Brussels Sprouts Italian Bread Fresh Apple 626	3 Julienne Entrée Salad Ham, Turkey Swiss Cheese Cherry Tomatoes, Carrots Fresh Lettuce Blend Muffin Square Mandarin Oranges 719	4 Lasagna Roll w/Vegetable Cheese Sauce Green Beans Wheat Dinner Roll Chocolate Cake w/Cream Cheese Frosting 810

STANDARD 2015

Please come and enjoy a wonderful, nutritious meal served at one of 47 dining sites located throughout ERIE COUNTY.