TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

Donna Bodekor - Director SEPTEMBER 2015

<u>OPEN HOUSE MONDAY SEPT. 14TH 9:00 a.m. – 12:00 p.m.</u> Labor Day 9/7 - Senior Center Closed

MONDAY September 14th 21st 28th

WORKOUT HOURS 8:00 a.m. – 3:45 p.m.

LINE DANCING 9:30 a.m. - 10:30 p.m. Continues thru summer

BEGINNERS LINE DANCING
STITCH & BITCH
10:00 a.m.

 EUCHRE
 1:00 a.m. - 4:00 p.m.

 SENIOR NOTES
 1:00 p.m. - 2:00 p.m.

REDWORK Penny Square Class 1:00 p.m. 1st Mon. & 3rd Wed. each month

SENIOR SUPPER CLUB

July 20th - 5:00 pm All Welcome

MAH JONG
CARD Making Class
TBA

Blue Cross & Blue Shield Representative August 17th & 31st 10 a.m. – 12 Noon

PRE-DEPARTURE MEETING for Italy September 14th 2:00 pm

TUESDAY September 1st 8th 15th 22nd 29th

WORKOUT HOURS
EXERCISE CLASS
CERAMICS

8:00 a.m. – 3:45 p.m.
8:30 a.m. – 9:30 a.m.
Resumes in September

FIBER ARTS

10:00 a.m.-3:00 p.m. (First & Third Tuesday)

Univera Representative

August 11th - 1:00 p.m. In Dining Room

TAI CHI 3:00 p.m.

Red Hats

Luncheon – last Tuesday every month – 11:30 a.m.

Call Madonna Long for reservations – 652-4957.

Cape May trip: Bus Leaves Center – 8:30 a.m. on 9/22

Bus Returns Center -6:30 p.m. on 9/24

New Class: Sewing/Quilting – begins Sept. 29th 10:00am -1:00 pm look for projects at Open House

WEDNESDAY September 2nd 9th 16th 23rd 30th

 WORKOUT HOURS
 8:00 a.m. - 3:45 p.m.

 EXERCISE CLASS
 8:30 a.m. - 9:30 a.m.

 CHINA PAINTING
 9:00 a.m. - 10:45 a.m.

 DUPLICATE BRIDGE
 9:30 a.m. - 2:00 p.m.

YOGA 9:45-10:45 a.m. Resumes on Sept. 9th

BOWLING – 11^{TH} Frame Lanes 1:00 p.m. – 3:00 p.m.

SCRABBLE 10:00 a.m.

 PAINTING
 1:00 p.m. − 3:00 p.m.

 REDWORK PENNY SQUARE
 1:00 p.m. − 3:00 p.m.

HEALTHY YOU SPEAKER SERIES

Blue Cross & Blue Shield Speaker Dr. Parisima Sobhani
Understanding Inflammation - Sept 16th in dining room

BOOK CLUB: "To Kill A Mockingbird "by Harper Lee – Discussion –September 9th

 $HEALTHY\ COOKING:\ Barb\ Dadey\ -\ Tour\ of\ Tops - Sept\ 16^{th}\ 1:30\ pm\ -\ All\ Welcome$

MYSTERY TRIP: Sept 16th Bus leaves at 9:00am returns at 5:30pm

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THURSDAY Sept 3rd 10th 17th 24th

 WORKOUT HOURS
 8:00 a.m. - 3:45 p.m.

 PILATES
 10:00 a.m. - 11:15 a.m.

TAI CHI

3:00 p.m. – Continues throughout the summer.

9:30 a.m. – Never Played?? Join us for instructions.

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday September 6th. Birthdays

Thursday September 10th Installation Luncheon - Danny's South

lunch must be prepaid

Thursday September 17th Lunch
Thursday September 24th Bingo

United Health Care Representative TBA

New 6 wk Healthy Living Workshop 9:30 – 12:00 noon - Pease sign up in office

Chronic Disease

FRIDAY 4th 11th 18th 25th

WORKOUT HOURS PACE EXERCISE8:00 a.m. – 3:45 p.m.
9:00 a.m. – 10:00 a.m.

SCRABBLEBeginners & Advanced10:00 a.m.QUILTING CLASS10:00 a.m.SENIOR FITNESS EXERCISE10:00 a.m.

YOGA 11:00 a.m. – 12:00 p.m. Resumes on Sept. 11th

WOOD CARVING PINOCHLE1:00 p.m. – 3:00 p.m.
1:00 p.m. – 3: 00 p.m.

***New Syracuse Taste of the Holiday Seasons November 16th - 17th

*** CAPE MAY*** - September 22 - 24, 2015***

Italy October 2 - 12, 2015

Sampson Lancaster, Pa. April 11-13, 2016

Pacific Northwest Coast October 1-9, 2016

Computers are available for your use – Please sign in in Office.

LUNCH - Join us daily at Noon Menu varies daily Donation \$3.00

As always, this is a suggested donation.

Sign up in dining room. Everyone Welcome

We have a phone number for the hearing impaired. TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora.

We are equipped with a generator and will be open during any emergencies.