

Erie County Stay Fit Dining Program

Standard Menu

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Macaroni, Cheese & Chicken Casserole Broccoli Pineapple Juice Rye Bread Peach and Pear Cup 908	2 Side Salad Breaded Chicken Breast w/ Scallopini Sauce Chef Salad w/ Classique Dressing Slice Carrots Wheat Dinner Roll Fresh Orange 757	3 Hamburger w/ Mushroom Gravy Oven Browned Potatoes w/ Peppers&Onions Stewed Tomatoes w/Croutons Hamburger Roll Strawberry Gelatin w/ Fruit Cocktail 837
6 BBQ Pulled Pork on a Hamburger Roll Scalloped Potatoes Country Mixed Vegetables Mandarin Oranges 829	7 Election Day Meatballs w/ Tomato Meat Sauce & Mozzarella Cheese over Penne Pasta Green Peas Grape Juice Chocolate Chip Cookie 1093 <i>Is your site open?</i>	8 Breaded Chicken Breast w/ Herb Gravy Mashed Sweet Potatoes Diced Harvard Beets Wheat Dinner Roll Tropical Fruit Cup 817	9 Veterans Day Meal Breaded Bone-In Pork Chop w/ Gravy Mashed Potatoes Carrots Bread Stuffing Apple Pie 968	10 
13 Breaded Chicken Breast w/ Gravy Cheesy Mashed Potatoes Green Peas Dinner Roll Butterscotch Pudding 815	14 Breaded Veal Patty w/ Italian Tomato Sauce & Mozz. Cheese over Penne Pasta Seasoned Spinach Cranberry Juice Carnival Sugar Cookie 992	15 Ham Steak w/ Maple Glaze Mashed Sweet Potatoes Green Beans Wheat Bread Strawberry Gelatin w/ Mandarin Oranges 703	16 Side Salad Hot Dog w/ Chili Sauce Macaroni Salad California Blend Vegetables Hot Dog Roll Pineapple Tidbits 972	17 Breaded Boneless Pork Chop w/ Gravy Mashed Lyonnaise Potatoes Carrots Wheat Dinner Roll Fresh Apple 739
20 Swedish Meatballs over Cavtappi Brussels Sprouts Corn Chocolate Pudding 785	21 Thanksgiving Meal Sliced Turkey w/ Gravy Diced Butternut Squash w/ Cranberries Green Beans, Dinner Roll Bread Stuffing, Molded Cranberry Salad Pumpkin Pie 1026	22 Lasagna Roll w/ Tomato Meat Sauce & Mozz. Cheese Seasoned Spinach w/ Mushrooms, Cauliflower Wheat Dinner Roll Strawberry Bavarian 877	23 	24 Breaded Chicken Cutlet w/
27 Beef Pepper Steak Casserole Green Beans Carrots White Rice Lorna Doones 642	28 Side Salad Stuffed Shells w/ Tomato Meat Sauce Cauliflower Chef Salad w/ Classique Dressing Italian Bread Pineapple Tidbits 887	29 Breaded Chicken Cutlet w/ Gravy Mashed Sweet Potatoes Mixed Vegetables Dinner Roll Fresh Banana 805	30 Hamburger w/ Onion Gravy Mashed Potatoes Stewed Tomatoes Hamburger Roll Sugar Cookies 936	1 Ham & Cheese Strata w/ White Cheese Sauce Scalloped Apples and Cranberries Broccoli Wheat Dinner Roll Ambrosia 949