TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, NY 14052 716-652-7934 / Fax 652-9083 www.townofaurora.com

Donna Bodekor – Director

OCTOBER 2017

Senior Center is CLOSED Monday October 9th Columbus Day

MONDAY October 2, 9, 16, 23, 30

WORKOUT HOURS 8:00 am – 3:45 pm

LINE DANCING 9:30 am − 10:30 pm No class held 10/23

BEGINNERS LINE DANCING 10:45 – 11:30 am -Classes held 10/2, 10/16, 10/30 only

 STITCH & BITCH
 10:00 am

 SCRABBLE
 10:00 am

 TAI CHI FORM
 10:00 am - 11:00 am

 EUCHRE
 1:00 am - 4:00 pm

 SENIOR NOTES
 1:00 pm - 2:00 pm

REDWORK PENNY SQUARE 1:30 pm - 4:30 pm & 7 pm - 9 pm 1st Mon. each month

SENIOR SUPPER CLUB Oct 16th - 5:00 pm All Welcome

MAH JONG 12:30 pm TBA

October 23rd - Dorie's Trip -Bus leaves Center @ 8:30 am to returns to Center @ 5 pm

TUESDAY October 3, 10, 17, 24, 31

 WORKOUT HOURS
 8:00 am- 3:45 pm

 EXERCISE CLASS
 8:30 am - 9:30 am

 CERAMICS
 10:00am - 3:00 pm

FIBER ARTS 10:00 am - 3:00 pm 1st & 3rd Tuesday

TAI CHI 3:00 pm

Red Hats Luncheon – last Tues. of each month @ 11:30 am

call Helen for reservations – 374-1045

SEWING / QUILTING 10 am to 1 pm Oct 24th

LEARN TO PLAY PINOCHLE 1:30 pm

Flu shots administered – Oct 3rd- 9 am -2 pm- Sponsored by Wegman's Univera Representative – Oct 10 – 10am -2pm

Join us for our HALLOWEEN Luncheon, Oct 31st - RESERVE your spot TODAY!

WEDNESDAY October 4,11,18,25

WORKOUT HOURS 8:00 am - 3:45 pm **EXERCISE CLASS** 8:30 am - 9:30 am **CHINA PAINTING** 9:00 am - 10:45 am **DUPLICATE BRIDGE** 9:30 am - 2:00 pm 9:45 am - 10:45 am **YOGA BOWLING** – 11TH Frame Lanes 1:00 pm - 3:00 pm10:00 am **SCRABBLE PAINTING** 1:00 pm - 3:00 pmCOLORING FOR ADULTS 1:00 pm - 3:00 pm

REDWORK PENNY SQUARE 1:00 pm - 3:00 pm 3rd Wed. of the month

ASC BOOK CLUB 2:00 pm The Kitchen House by Kathleen Grissom

Make your reservation today to join us Wednesday, Oct. 11th for OKTOBERFEST LUNCH MEAL!
Fidelis Healthcare Oct. 25th 9:30 am to 11:30 am / United Health OCT. 25th from 1 pm to 4 pm
October 25 4-7 pm Oktoberfest – Music by Roger Hill Club members – Dish to pass, Nonmembers - \$10.00

HEALTH & WELLNESS Sponsored by Blue Cross & Blue Shield

Wednesday, Oct. 18th @ 12:45 - Good Bugs, Part 1

<u>UNIVERSITY EXPRESS LECTURE SERIES</u>

Wednesday, October 4th @ 1:30 pm -The Larkin Soap Company
Register today in the office or call the Center @ 652-7934

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THURSDAY October 5, 12, 19, 26

WORKOUT HOURS

8:00 am - 3:45 pm

CHESS CLUB

10:00 am Never played, we can teach you!

PILATES

10:00 am - 11:15 am

TAI CHI

3:00 PM

MEXICAN DOMINOS

9:30 am - Never Played?? Join us for instructions

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday October 5

Birthdays - Senior Notes Peforming

Thursday October 12

Thursday October 19

Trash & Treasures

Thursday October 26

Halloween Party Costumes expected -Free Bingo

OCTOBER 26th Case Manager from Erie County Senior Services will be here to answer any questions.

LIVING HEALTHY NY

Chronic Disease Self- Management Program 12:30 - 3:00 pm Sept. 21, 28, Oct. 5, 12, 19, 26 "FREE WORKSHOP" Sign up in the Office today or call the Center @ 652-7934

FRIDAY October 6, 13, 20, 27

WORKOUT HOURS

8:00 am - 3:45 pm

PACE EXERCISE

9:00 am - 10:00 am

SCRABBLE

10:00 am 10:00 am

SENIOR FITNESS EXERCISE TAI CHI FORM

10:00 am - 11:00 am

YOGA

11:00 am - 12:00 pm

WOOD CARVING

1:00 pm - 3:00 pm

PINOCHLE

1:00 pm - 3:00 pm

*** Nashville: A Country Christmas *** *** Lancaster, PA - Sight & Sound Theatre *** *** Austria, Germany, & Switzerland ***

Nov. 27 - Dec. 2, 2017 **April 2018**

Sept. 29 - Oct. 9, 2018

AARP DEFENSIVE DRIVING COURSE Oct. 2 & 3, 5 pm to 8 pm Oct. 26 & 27, 1 pm to 4 pm

Computers are available for your use – Please sign in in Office

LUNCH - Join us daily at Noon Menu varies daily

Donation \$3.00

As always, this is a suggested donation. Sign up in dining room. Everyone Welcome

We have a phone number for the hearing impaired, TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora. We are equipped with a generator and will be open during any emergencies.