TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

Donna Bodekor - Director AUGUST ~ 2017

MONDAY August 7, 14, 21, 28

WORKOUT HOURS 8:00 am - 3:45 pm LINE DANCING 9:30 am - 10:30 pm 10:45 am - 11:30 am BEGINNERS LINE DANCING STITCH & BITCH 10:00 am **SCRABBLE** 10:00 am TAI CHI FORM 10:00 am **EUCHRE** 1:00 am - 4:00 pm**SENIOR NOTES** 1:00 pm - 2:00 pmREDWORK PENNY SOUARE 1:30 pm - 4:30 pm & 7 pm - 9pm 1st Mon. each month SENIOR SUPPER CLUB Aug 21st - 5:00 pm All Welcome! **MAH JONG** 12:30 pm CARD MAKING CLASS **TBA**

JOIN US FOR THE SENIOR CITIZEN LUNCHEON ON AUGUST 21ST!

TUESDAY August 1, 8, 15, 22, 29

WORKOUT HOURS

EXERCISE CLASS

8:30 am - 3:45 pm
8:30 am - 9:30 am

CERAMICS

Classes resume in September

10:00 am - 3:00 pm 1st & 3rd Tuesday

3:00 pm

RED HATS

Luncheon - last Tues. of each month at 11:30 am
Please call Helen for reservations @ 374-1045

SEWING CLASS

Will resume in the Fall!

UNIVERA, Tuesday, Aug 9th @ 1:00 pm August 8 - Niagara Belle - Bus leaves at 8:30 am returns 6:00 pm August 29 - Seneca Niagara Casino - Bus leaves at 8:30 am returns 3:30 pm

WEDNESDAY August 2, 9, 16, 23, 30

WORKOUT HOURS 8:00 am - 3:45 pm **EXERCISE CLASS** 8:30 am - 9:30 am **CHINA PAINTING** 9:00 am - 10:45 am **DUPLICATE BRIDGE** 9:30 am- 2:00 pm 9:45-10:45 am NO YOGA AUG 23RD & 30TH **YOGA BOWLING** – 11TH Frame Lanes 12:00 pm - 2:30 pm **SCRABBLE** 10:00 am **PAINTING Resumes in September COLORING FOR ADULTS** 1:00 pm - 3:00 pm1:00 pm - 4:00 pm 3rd Wed. of the month Aug. 23^{rd @} 2 pm - Paris Wife by Paula Mc Lain REDWORK PENNY SQUARE ASC BOOK CLUB

<u>HEALTH & WELLNESS</u> – Sponsored by Blue Cross& Blue Shield Wednesday, August 16th @ 12:45 pm – *Topic – The Food Label*

<u>LIVING HEATHY NY</u> – Diabetes, Self - Management Workshop @ 12:30 – 3:00 pm Thursday, September 14, 21, 28, October 5, 12, 15 CLASSES ARE FREE!

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THURSDAY August 3, 10, 17, 24, 31

WORKOUT HOURS 8:00 am – 3:45 pm

CHESS CLUB 10 am

PILATES 10:00 am – 11:15 am

TAI CHI 3:00 pm

MEXICAN DOMINOS 9:30 am Never Played??? Join us for instructions.

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday August 3 Birthdays- Erie County Picnic

Thursday August 10 Trash & Treasurers-Board Meeting

Thursday August 17

Thursday August 24 Bingo

Thursday August 31

August 3 - Erie County Senior Picnic at Como Park - Bus leaves at 10:00 am

Blue Cross & Blue Shield Representative Thursday, August 11th and 25th, 10 am to 12 Noon

Don't forget to sign up for the Labor Day Meal on Friday, September 1st

FRIDAY August 4, 11, 18, 25

 WORKOUT HOURS
 8:00 am - 3:45 pm

 PACE EXERCISE
 9:00 am - 10:00 am

SCRABBLE 10:00 am

SENIOR FITNESS EXERCISE 10:00 am NO CLASSES IN AUGUST

TAI CHI FORM 10:00 am

YOGA Resumes in the Fall!
WOOD CARVING 1:00 pm - 3:00 pm

PINOCHLE 1:00 pm - 3:00 pm

UNITED HEALTH MONDAY SEPT. 11TH 9 AM TO 12 NOON

JUST A REMINDER: OPEN HOUSE WILL BE SEPTEMBER 11TH FROM 9 AM TO 12 NOON STOP IN TO SEE WHAT IS HAPPENING AT YOUR SENIOR CENTER!

***** 2017 *****

** Vermont Country Roads **

September 25 - 28

** Nashville: A Country Christmas **

Nov. 27 - Dec. 2

** AUSTRIA, GERMANY & SWITZERLAND **

October 2018

Computers are available for your use - Please sign in in Office

LUNCH Join us daily at Noon Menu varies daily Donation \$3.00

As always, this is a suggested donation. Sign up in dining room. Everyone Welcome!

We have a phone number for the hearing impaired. TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora.

We are equipped with a generator and will be open during any emergencies.