Erie County Stay Fit Dining Program

STANDARD MENU

JUNE 2017

Mon	Tue	Wed	Thu	Fri
29 Memorial Day Holiday! NO MEALS SERVED!	30 Breaded Chicken Breast w/Scallopini Sauce Mashed Sweet Potatoes Green Beans w/ Red Pepper Whole Wheat Dinner Roll Peach & Pear Cup 782	31 Creamy Macaroni & Cheese Diced Beets Chopped Broccoli Rye Bread Fresh Banana 812	Boneless Breaded Pork Chop w/ Gravy Mashed Potatoes Country Vegetables Whole Wheat Bread Chocolate Pudding 732	2 Hamburger with Mushroom Gravy Oven Browned Potatoes w/ Red Peppers & Onions Dinner Roll Fruited Gelatin 825
BBQ Pulled Pork Hamburger Bun Seasoned Home Fries Country Mixed Veggies Fresh Orange 814	Meatballs w/ Penne Pasta, Tomato Meat Sauce & Mozzarella Cheese Scandinavian Blend Veggies Grape Juice 1074	7 Breaded Chicken Breast w/ Herb Gravy Mashed Sweet Potatoes Diced Harvard Beets Whole Wheat Dinner Roll Tropical Fruit cup 817	8 Meatloaf w/ Onion Gravy Mashed Potatoes Fiesta corn Hamburger Bun Rice Pudding w/ Raisins 902	Breaded Fish Patty w/ Tartar sauce Green Peas & Carrots Confetti Coleslaw Broccoli cheese Rice Casserole Chocolate Brownie w/ Vanilla Frosting 1002
Boneless Chicken Breast w/ Oriental Vegetable Sauce White Rice Seasoned Spinach Grape Juice Carnival Sugar Cookies 858	Breaded Veal Patty w/ Mushroom Gravy Mashed Potatoes Tender Green Peas Hamburger Bun Butterscotch Pudding 849	14 Flag Day Lunch! Hot Dog W/ Chili Sauce Hot Dog Bun Seasoned Home Fries California Blend Veggies Ice Cream 996	Maple Glazed Ham Steak Mashed Sweet Potatoes Green Beans Whole Wheat Dinner Roll Fruited Gelatin 725	16 Father's Day Lunch! Breaded Bone in Pork Chop w/ Gravy Mashed Lyonnaise Potatoes Chef Salad w/ Dressing Whole Wheat Dinner Roll Delicious Chocolate Cream Pie!
19 (3) Swedish Meatballs w/ Sauce Over Cavatappi Pasta Brussels Sprouts Sweet Corn Chocolate Pudding 785	Breaded Chicken Cutlet w/ Gravy Mashed Sweet Potatoes Mixed Veggies Dinner Roll Strawberry Bavarian 847	21 Baked Lasagna Roll w/ Meat Sauce & Mozzarella Spinach & Mushrooms Cauliflower Wheat Dinner Roll Tropical Fruit Cup 781	Sliced Turkey Breast w/ Gravy & Stuffing Chive Mashed Potatoes Carrot Coins Chocolate Brownie w/ Chocolate Frosting 771	23 Homemade Stuffed Pepper w/ Savory Tomato Sauce Mashed Potatoes Wax Beams w/ Mushrooms Dinner Roll Ambrosia 741
26 Chunk Turkey w/ Penne Pasta & Cream Chopped Broccoli Green Beans w/ Red Pepper Fruit Delight Cookie 664	(2) Stuffed Shells w/ Tomato Meat Sauce Cauliflower Seasoned Spinach Italian Bread Pineapple Tidbits 795	28 Welcome Summer! Julienne Salad w/ Fresh Turkey, Ham, Swiss Cheese & Egg Cherry Tomatoes & Carrot Multigrain Bread Orange Sherbet 871	29 Chopped Steakhouse Burger w/ Jardiniere Gravy Mashed Potatoes Stewed Tmatoes Hamburger Bun Fruited Gelatin 854	Ham & Cheese Strata Scalloped Apples & Cranberries Carrot Coins Whole Wheat Dinner Roll Fresh Banana 851