



Erie County Stay Fit Dining Program

STANDARD MENU

APRIL 2017



For reservation or cancellation call 652-7934

| Mon | Tue | Wed | Thu | Fri |
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| 3 Knockwurst w/ Sauerkraut Hot Dog Bun Home Fries Seasoned Spinach Pineapple Tidbits 757 | 4 Veal Parmesan w/Pasta Italian Tomato Sauce & Mozzarella Cheese Green Beans Apple Juice Butterscotch Pudding 789 | 5 Boneless Chicken Breast with Oriental Vegetable Sauce and Rice Carrot Coins Grape Juice Carnival Sugar Cookies 829 | 6 Ham Steak with Maple Glaze Mashed Sweet Potatoes California Blend Veggies Whole Wheat Bread Tropical Fruit Cup 702 | 7 Lenten Meal Baked Fish w/ Lemon Dill Sauce Scalloped Potatoes Tender Peas Whole Wheat Roll Fruited Gelatin 640 |
| 10 (3) Swedish Meatballs w/ Sauce over Cavatappi Pasta Brussels Sprouts Sweet Corn Chocolate Pudding 785 | 11 Baked Lasagna Roll W /Meat Sauce & Mozzarella Seasoned Spinach w/ Mushrooms Cauliflower Whole Wheat Roll Diced Peaches 768 | 12 <u>Easter Lunch!</u> Chicken Cordon Bleu w Herb Cheese Sauce Mashed Lyonnaise Potatoes Orange Glazed Carrots Wheat Dinner Roll Lemon Meringue Pie! 968 | 13 Sliced Turkey Breast w/ Gravy & Bread Stuffing Tender Peas Seasoned Butternut Squash Oatmeal Raisin Cookies 776 | 14 <u>Good Friday Holiday!</u> NO MEALS SERVED! |
| 17 <u>Dyngus Day Lunch!</u> Polish Sausage w/ Sauerkraut Hot Dog Bun Dutchess Mashed Potatoes Green Beans Rice Pudding w/ Raisins & Cinnamon 849 | 18 Entrée Salad Tuna Macaroni Salad Pickled Sliced Beets Chef Salad w/Dressing Multigrain Bread Fresh Orange 917 | 29 Chopped Steakhouse Burger w/Jardiniere Gravy Oven Roasted Potatoes Seasoned Spinach Dinner Roll Pineapple Tidbits 854 | 20 Breaded Chicken Cutlet w Divan Sauce Hamburger Bun Mashed Lyonnaise Potatoes Mixed Vegetables Chocolate Cake w/Vanilla Icing 965 | 21 Side Salad Breaded Boneless Pork Chop w/ Gravy Mashed Sweet Potatoes Chef Salad w/ Dressing Whole Wheat Roll Mandarin Oranges 913 |
| 24 Beef Macaroni Casserole w/ Cheddar Cheese Cauliflower Fiesta Corn Dinner Roll Diced Peaches 767 | 25 Breaded Boneless Chicken Breast w/ Gravy Seasoned Mashed Squash Brussels Sprouts Dinner Roll Orange Pineapple Velvet 715 | 26 Breaded Veal Patty w/ Gravy Mashed Potatoes California Blend Veggies Whole Wheat Bread Brownie w/ Chocolate Frosting 967 | 27 Sliced Roast Pork w/Marsala Sauce Mashed Sweet Potatoes Harvard Beets Whole Wheat Roll Fresh Apple 812 | 28 (2) Stuffed Shells w/Tomato Meat Sauce Carrots w/ Parsley Chef Salad w/ Dressing Italian Bread Fruited Gelatin 997 |