# **TOWN OF AURORA SENIOR CENTER**

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

# Donna Bodekor - Director MARCH ~ 2017

#### **MONDAY** March 6, 13, 20, 27

 WORKOUT HOURS
 8:00 am - 3:45 pm

 LINE DANCING
 9:30 am - 10:30 pm

 BEGINNERS LINE DANCING
 10:45 am - 11:30 am

 STITCH & BITCH
 10:00 am

 SCRABBLE
 10:00 am

 TAI CHI FORM 16
 10:00 am

 EUCHRE
 1:00 am - 4:00 pm

 SENIOR NOTES
 1:00 pm - 2:00 pm

REDWORK Penny Square1:00 pm - 4:00 pm $1^{\text{st}}$  Mon. each monthSENIOR SUPPER CLUBMarch  $20^{\text{th}}$  @  $5:00 \text{ pm} \sim \text{All Welcome!}$ 

MAH JONG 12:30pm

CARD Making Class March 20<sup>th</sup> 1 pm – 3 pm

Blue Cross & Blue Shield

March 13th @ 10 am to 12 noon

#### **TUESDAY** March 7, 14, 21, 28

 WORKOUT HOURS
 8:00 am - 3:45 pm

 EXERCISE CLASS
 8:30 am - 9:30 am

 CERAMICS
 10:00am - 3:00 pm

FIBER ARTS 10:00 am – 3:00 pm 1st & 3<sup>rd</sup> Tuesday

**TAI CHI** 3:00 pm

RED HATS Luncheon – last Tues. of each month at

11:30 am. Please call Helen for reservations at 374-1045

SEWING CLASS 10:00 am<sup>-</sup> – 1:00pm 4<sup>th</sup> Tues. of each month

#### Univera HealthRepresentative March 14th @ 1 pm

# **WEDNESDAY** *March* 1, 8, 15, 22, 29

 WORKOUT HOURS
 8:00 am - 3:45 pm

 EXERCISE CLASS
 8:30 am - 9:30 am

 CHINA PAINTING
 9:00 am - 10:45 am

 DUPLICATE BRIDGE
 9:30 am - 2:00 pm

 YOGA
 9:45am - 10:45 am

 BOWLING - 11<sup>TH</sup> Frame Lanes
 12:00 Noon - 2:30 pm

SCRABBLE 10:00 am

**PAINTING** 1:00 pm - 3:00 pm

REDWORK PENNY SQUARE 1:00 pm - 4:00 pm 3<sup>rd</sup> Wed. of the month

ASC Book Club

#### March 29 Shea's Theatre – Sound of Music Bus leaves 4:30 pm Returns 10:30 pm

United Health Representative 10 am to 11:30 am

### Start your Lent off right! Sign up for the Ash Wednesday Luncheon!

Healthy Living - Sponsored by Blue Cross & Blue Shield

Wednesday, March 16 @ 12:45 PM- Understanding the New Dietary Guidelines for Americans

Living Healthy Series- Diabetes Self-Management Workshop-6 week workshop starting March 6<sup>th</sup> thru April 10<sup>th</sup> 12:30 - 3:00pm. Please sign up in the office or call 858-8526. Classes are free!!

# TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

Donna Bodekor - Director **MARCH~ 2017** 

#### **THURSDAY** March 2, 9, 16, 23, 30

**WORKOUT HOURS PILATES** TAI CHI

8:00 am - 3:45 pm10:00 am - 11:15 am 3:00 pm - 3:30 pm

**MEXICAN DOMINOS** 

9:30 am - Never Played?? Join us for instructions!

# Travel Presentation, March 9th, for Quebec, Vermont and Nashville @ 2:30 pm

AURORA SENIOR CITIZEN CLUB MEETING

Thursday March 2

Thursday March 10 Thursday March 16

Thursday March 23

Thursday March 30

12:00 NOON

Birthdays

Trash & Treasures St. Patrick's Day Party

Speaker Carolyn Whitcomb, Audiologist from

Hearing Evaluation Services of Buffalo Inc.

Bingo

Make your reservation to join us for the St. Patrick's Day Luncheon!!

# **FRIDAY** March 3, 10, 17, 24, 31

**WORKOUT HOURS** PACE EXERCISE

**SCRABBLE** 10:00 am **QUILTING CLASS** SENIOR FITNESS EXERCISE

**TAI CHI FORM 16 YOGA** WOOD CARVING

**PINOCHLE** 

8:00 am - 3:45 pm

9:00 am - 10:00 am

10:00 am

10:00 am 10:00 am

11:00 am - 12:00 pm 1:00 pm - 3:00 pm1:00 pm - 3:00 pm

March 31 Kleinhans – Midtown Men Bus leaves @ 9:00 am Bus Returns @ 4:00 pm Blue Cross & Blue Shield (a) 10 am to 12 noon

#### \*\*\* 2017 TRIPS \*\*\*

\*\* Treasures of Quebec by Rail \*\* \*\* Vermont Country Roads \*\*

\*\* Nashville – A Country Christmas \*\* \*\*\* GERMANY SWITZERLAND & AUSTRIA \*\*\* June 19-23, 2017

Sept. 25-28, 2017 Nov. 27 - Dec. 2, 2017

**OCTOBER 2018** 

AARP 55 Alive Beginning March 7 & 8 5-8pm Check or Money order ONLY made out to AARP Computers are available for your use - Please sign in at Office

LUNCH - Join us daily at Noon Menu varies daily Donation \$3.00 As always, this is a suggested donation. Sign up in dining room. Everyone Welcome!

We have a phone number for the hearing impaired: TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora. We are equipped with a generator and will be open during any emergency