

Erie County Stay Fit Dining Program

STANDARD MENU

JANUARY 2017

Mon	Tue	Wed	Thu	Fri
2 NEW YEAR'S DAY HOLIDAY! <u>CLOSED</u> <u>NO MEALS SERVED</u>	3 Sloppy Joe Sandwich Whole Wheat Bun Seasoned Red Potatoes Italian Bean Medley Pineapple Tidbits 728	4 Chicken & Sausage Jambalaya Carrot Coins Fiesta Corn Dinner Roll Chocolate Pudding 654	5 Maple Glazed Ham Steak Lazy Pierogi Mashed Squash Soft Roll Fruited Ambrosia 644	6 Boneless Chicken Breast w/Gravy Broccoli Lima Bean Bake Frosted Chocolate Brownie 704
9 Breaded Veal Patty w/Tomato Sauce & Mozzarella Cheese Tender Peas Cauliflower Lemon Vanilla Pudding 796	10 Baked Chicken Thigh Oven Browned Potatoes w/Bell Pepper & Onion Mashed Squash Wheat Dinner Roll Peach & Pear Cup 766	11 Sliced Roast Beef w/Gravy Dutchess Mashed Potatoes Green Beans Rye Bread Pineapple Tidbits 620	12 <u>SOUP & SANDWICH</u> Sloppy Joe Sandwich Wheat Soft Roll Cream of Broccoli Soup Carrot Coins Fresh Fruit 696	13 <u>DR. MLK Jr. LUNCH!</u> Breaded Boneless Pork Chop w/ Gravy Mashed Potatoes Seasoned Spinach Wheat Bread Baked Peach Crisp 833
16 DR. MLK Jr. HOLIDAY! <u>NO MEALS</u> <u>SERVED</u>	17 Meatballs w/Penne Pasta, Tomato Sauce & Mozzarella Cheese California Mixed Vegetables Apple Juice Fresh Fruit 840	18 Breaded Boneless Chicken Breast w/Gravy Mashed Potatoes Harvard Beets Wheat Dinner Roll Ambrosia 701	19 Hamburger w/Onion Gravy Soft Roll Home-Style Potato Salad Fiesta Corn Frosted Yellow Cake 948	20 Breaded Fish w/Tartar Sauce Broccoli, Cheese & Rice Casserole Green Beans Confetti Coleslaw Chocolate Chip Cookies 984
23 Traditional Knockwurst w/Sauerkraut Hot Dog Bun Home Fries Seasoned Spinach Pineapple Tidbits 757	24 Breaded Veal Patty w/Gravy Soft Roll Mashed Potato California Mixed Vegetables Butterscotch Pudding 817	25 <u>CHINESE NEW YEAR!</u> Boneless Chicken Breast w/Oriental Vegetable Sauce Seasoned Rice Tender Peas Grape Juice Carnival Cookies 845	26 <u>ENTRÉE SALAD</u> Tuna Macaroni Salad Mixed Greens w/Dressing Pickled Sliced Beets Wheat Dinner Roll Fruited Gelatin 1054	27 Chili Con Carne w/Cheddar Cheese Peas & Carrots Apple Juice Unsalted Crackers Peach Bavarian 840
30 Swedish Meatballs over Cavatappi Pasta Brussels Sprouts Sweet Corn Chocolate Pudding 762	31 <u>Julienne Entrée Salad</u> Sliced Ham, Turkey, Swiss Cheese & Egg Fresh Mixed Lettuce w/Dressing Cherry Tomatoes & Carrots Fresh Fruit 781	1 Baked Lasagna Roll w/Meat Sauce & Mozzarella Spinach & Mushrooms Cauliflower Wheat Roll Tropical Fruit 781	2 Sliced Turkey Breast w/Gravy & Stuffing Chive Mashed Potatoes Carrot Coins Molded Cranberry Salad 604	3 Homemade Stuffed Pepper w/Savory Tomato Sauce Mashed Potatoes Wax Beans w/Mushroom Dinner Roll Chocolate Brownie 830

For reservations or to cancel, call 652-7934