

TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, NY 14052

716-652-7934 / Fax 652-9083

www.townofaurora.com

Donna Bodekor – Director

OCTOBER 2016

Senior Center is CLOSED Monday October 10th Columbus Day

AARP 55 Alive October 3rd & 4th 5 pm – 8 pm

MONDAY *October 3, 17, 24, 31*

WORKOUT HOURS

8:00 am – 3:45 pm

LINE DANCING

9:30 am – 10:30 pm

BEGINNERS LINE DANCING

10:45 – 11:30 am 10/3 CLASS ONLY

STITCH & BITCH

10:00 am

TAI CHI FORM 16

10:00 am - 11:00 am

EUCHRE

1:00 am – 4:00 pm

SENIOR NOTES

1:00 pm – 2:00 pm

REDWORK Penny Square Class

1:00 pm 1st Mon. & 3rd Wed. each month

SENIOR SUPPER CLUB

October 17th - 5:00 pm All Welcome

MAH JONG

12:30 pm

CARD Making Class

TBA

Make your reservation today for our *Spooktacular Halloween Luncheon* on October 31st

TUESDAY *October 4, 11, 18, 25*

WORKOUT HOURS

8:00 am – 3:45 pm

EXERCISE CLASS

8:30 am – 9:30 am

CERAMICS

10:00am – 3:00 pm

FIBER ARTS

10:00 am - 3:00 pm 1st & 3rd Tuesday

TAI CHI

3:00 pm

Red Hats

Luncheon – last Tuesday every month – 11:30 am

call Madonna for reservations – 652-4957

SEWING / QUILTING

10 am to 1 pm Class begin 10/25

UNIVERA REPRESENTATIVE October 11 -1 PM

Join us for our Octoberfest Luncheon, Oct 18th, reserve your spot TODAY!

Flu shots administered by VNA - October 18th - 10:00am – 3:00pm Call for your appointment!

WEDNESDAY *October 5, 12, 19, 26*

WORKOUT HOURS

8:00 am – 3:45 pm

EXERCISE CLASS

8:30 am – 9:30 am

CHINA PAINTING

9:00 am – 10:45 am

DUPLICATE BRIDGE

9:30 am – 2:00 pm

YOGA

9:45 am - 10:45 am

BOWLING – 11TH Frame Lanes

1:00 pm – 3:00 pm

SCRABBLE

10:00 am

PAINTING

1:00 pm – 3:00 pm

REDWORK PENNY SQUARE

1:00 pm – 3:00 pm 3rd Wed. of the month

BOOK CLUB

2:00 pm *What I Know for Sure* by Oprah Winfrey

FALL HARVEST FEST, Oct 26th, 4:30 pm- 7:00 pm Music by Russ Keyser, Pot Luck, bring a dish to pass!

HEALTHY YOU SPEAKER SERIES

Blue Cross & Blue Shield Oct 19th – 12:45

Topic-Strong Immune System

LIVING HEALTHY WORKSHOP

Chronic Disease Self- Management Program 12:45 – 3:15 pm

Oct. 19 & 26, Nov. 2, 9, 16, 23 **“FREE WORKSHOP”**

Sign up in the Office today or call the Center @ 652-7934 to register.

UNIVERSITY EXPRESS LECTURE SERIES

October 12 @1PM-The Knox Family & Farm

Sign up in the office or call the Center @ 652-7934

TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, NY 14052

716-652-7934 / Fax 652-9083

www.townofaurora.com

Donna Bodekor - Director

OCTOBER 2016

Senior Center is CLOSED Monday October 10th Columbus Day

AARP 55 Alive October 27th & 28th 1 pm – 4 pm

THURSDAY October 6, 13, 20, 27

WORKOUT HOURS

PILATES

TAI CHI

MEXICAN DOMINOS

8:00 am – 3:45 pm

10:00 am – 11:15 am

3:00 PM

9:30 am – Never Played?? Join us for instructions.

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday October 6

Thursday October 13

Thursday October 20

Thursday October 21

Birthdays

Trash and Treasures

Seniors Notes Performing

Halloween Party Costumes expected -Free Bingo

FRIDAY October 7, 14, 21, 28

WORKOUT HOURS

PACE EXERCISE

SCRABBLE Beginners & Advanced

QUILTING CLASS

SENIOR FITNESS EXERCISE

TAI CHI FORM 16

YOGA

WOOD CARVING

PINOCHLE

8:00 am – 3:45 pm

9:00 am – 10:00 am

10:00 am

10:00 am

10:00 am

10:00 am – 11:00 am

11:00 am – 12:00 pm

1:00 pm – 3:00 pm

1:00 pm – 3:00 pm

United Health Care Representative

October 14th 1:30pm – 3:30 pm

*** Seneca Niagara – Nov 15th - Bus leaves 8:30 am Returns 3:30 pm ***

*** Nov 2017 – Nashville – Opryland Hotel @ Christmas & more ***

*** Fall Foliage – Vermont – Sept 2017 ***

Computers are available for your use – Please sign in in Office

LUNCH - Join us daily at Noon Menu varies daily Donation \$3.00

As always, this is a suggested donation.
Sign up in dining room. Everyone Welcome

We have a phone number for the hearing impaired. TTY-TTD-652-7611

**NOTE: Our center is the emergency shelter for the Town of Aurora.
We are equipped with a generator and will be open during any emergencies.**