### **TOWN OF AURORA SENIOR CENTER**

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

# **Donna Bodekor - Director** AUGUST ~ 2016

## **MONDAY** August 1, 8, 15, 22, 29

WORKOUT HOURS	8:00  am - 3:45  pm
LINE DANCING	9:30  am  -10:30  pm
<b>BEGINNERS LINE DANCING</b>	10:45  am - 11:30  am
STITCH & BITCH	10:00 am
SCRABBLE	10:00 am
EUCHRE	1:00  am - 4:00  pm
SENIOR NOTES	1:00  pm - 2:00  pm
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**REDWORK Penny Square Class**1:00 pm 1<sup>st</sup> Mon. each month **SENIOR SUPPER CLUB**1:00 pm 1<sup>st</sup> Mon. each month

Aug 15<sup>th</sup> - 5:00 pm All Welcome!

MAH JONG 12:30 pm

**CARD MAKING CLASS** 

Rhode Island Adventure Aug. 1-4, Bus leaves Center @ TBA, Returns to Center @ TBA

## **TUESDAY** August 2, 9, 16, 23, 30

WORKOUT HOURS	8:00  am - 3:45  pm
EXERCISE CLASS	8:30 am – 9:30 am
CERAMICS	Resumes in September
FIBER ARTS	10:00 am - 3:00 pm 1st & 3rd Tuesday
TAI CHI	3:00 pm
RED HATS	Luncheon – last Tues. of each month at 11:30 am
	call Madonna for reservations – 652-4957
SEWING CLASS	Will resume in the Fall!

## UNIVERA, Tuesday, Aug 9th @ 1:00 pm

Locks, Tiffany & Treats, Tuesday, Aug. 16th Bus leaves Center @ 8:30am, Returns to Center @ 5:30 pm

## **WEDNESDAY** August 3, 10, 17, 24, 31

WORKOUT HOURS	8:00  am - 3:45  pm
EXERCISE CLASS	8:30 am – 9:30 am
CHINA PAINTING	9:00 am – 10:45 am
<b>DUPLICATE BRIDGE</b>	9:30 am- 2:00 pm
YOGA	9:45-10:45 am
BOWLING – 11 <sup>TH</sup> Frame Lanes	1:00  pm - 3:00  pm
SCRABBLE	10:00 am
PAINTING	1:00  pm - 3:00  pm
COLORING FOR ADULTS	1:00  pm - 3:00  pm
REDWORK PENNY SQUARE	1:00 pm - 3:00 pm
HEALTHY COOKING	TBA Watch for class to resume in the Fall
ASC BOOK CLUB	Aug. 24 <sup>th @</sup> 2 pm - UNBROKEN (theatrical release)

<u>HEALTH & WELLNESS</u> – Sponsored by Blue Cross& Blue Shield Wednesday, August 17<sup>th</sup> @ 12:45 pm – Preventing Dehydration

<u>LIVING HEATHY NY</u> – Diabetes, Self - Management Workshop @ 12:45 – 3:15 pm Wednesday, Aug. 24, 31, and Sept. 7, 14, 21, 28 CLASSES ARE FREE!

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# Donna Bodekor - Director **AUGUST ~ 2016**

### **THURSDAY** August 4, 11, 18, 25

WORKOUT HOURS

8:00 am - 3:45 pm

**PILATES** 

10:00 am - 11:15 am

TAI CHI

3:00 pm

MEXICAN DOMINOS

9:30 am Never Played??? Join us for instructions.

#### AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday August 4

**Birthdays** 

Thursday August 11

Trash & Treasurers

Thursday August 18

Thursday August 25

Bingo

Blue Cross & Blue Shield Representative

Thursday, August 11th and 25th

# FRIDAY August 5, 12, 19, 26

**WORKOUT HOURS** 

8:00 am - 3:45 pm

PACE EXERCISE

9:00 am - 10:00 am

**SCRABBLE** 

10:00 am

**QUILTING CLASS** 

10:00 am

SENIOR FITNESS EXERCISE

10:00 am

**YOGA** 

WOOD CARVING 1:00 pm - 3:00 pm**PINOCHLE** 1:00 pm - 3:00 pm

## JUST A REMINDER: OPEN HOUSE WILL BE SEPTEMBER 12<sup>TH</sup> FROM 9 AM TO 12 NOON STOP IN TO SEE WHAT IS HAPPENING AT YOUR SENIOR CENTER!

\*\*\*\*\* 2016 \*\*\*\*\*

\*\* Cleveland Rock & Roll \*\*

September 16, 2016

\*\* Pacific Northwest Coast \*\*

October 1-9, 2016

\*\* Holiday Pops @ Kleinhans \*\*

December 16, 2016

## Computers are available for your use – Please sign in in Office

**LUNCH** 

Join us daily at Noon Menu varies daily

Donation \$3.00

As always, this is a suggested donation. Sign up in dining room. Everyone Welcome!

We have a phone number for the hearing impaired. TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora. We are equipped with a generator and will be open during any emergencies.