

Erie County Stay Fit Dining Program

STANDARD MENU

MAY 2016

Mon	Tue	Wed	Thu	Fri
2 Swedish Meatballs w/Cavatappi Pasta Brussels Sprouts Carrot Coins Fruit Delight Cookie 768	3 Cheese Stuffed Shells w/Tomato Sauce Cauliflower Green Beans Italian Bread Tropical Fruit 755	4 Shredded Pork in Gravy Whole Sweet Potatoes Oriental Mixed Vegetables Rye Bread Rice Pudding w/Raisins 718	5 Meatloaf w/Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Roll Frosted Yellow Cake 815	6 <u>MOTHER'S DAY LUNCH</u> Breaded Boneless Chicken Breast w/Gravy Rice Pilaf California Mixed Vegetables Chef Salad w/Dressing Lemon Meringue Pie! 835
9 Lasagna Roll w/Meat Sauce Cauliflower Italian Style Beans Italian Bread Diced Peaches 686	10 Ham Steak w/Polynesian Sauce Lyonnaise Potatoes California Mixed Vegetables Whole Wheat Roll Sugar Cookies 776	11 Turkey & Vegetable Stew Diced Red Potatoes Buttermilk Biscuit Fruited Gelatin w/Whipped Topping 599	12 <u>Julienne Entrée Salad</u> Ham, Turkey & Swiss Fresh Mixed Greens Garbonzo Beans, Cherry Tomatoes & Carrots Whole Wheat Roll Fresh Fruit 881	13 Cheese Omelet w/Cheese Sauce Home Fries Tender Peas Blueberry Square Strawberry Bavarian 911
16 Veal Parmesan w/Penne Pasta & Tomato Sauce Mozzarella Cheese Chopped Broccoli Grape Juice Fresh Fruit 924	17 Turkey a la King Buttermilk Biscuit Mixed Vegetables Apple Juice Orange-Pineapple Velvet 639	18 Boneless Chicken Breast w/Gravy Oven Browned Potatoes Carrot Coins Whole Wheat Bread Tropical Fruit 593	19 Shredded Pork in Gravy Whole Wheat Soft Roll Whole Sweet Potatoes w/Apple & Raisins Italian Green Beans Oatmeal Raisin Cookies 956	20 Beef & Rice Patty w/Green Cabbage & Savory Sauce Mashed Potatoes Breakaway Roll Chocolate Pudding 867
23 BBQ Pork Ribette Chive Mashed Potatoes Carrot Coins Slider Roll Fresh Fruit 741	24 Sweet & Sour Chicken White Rice Italian Green Beans Mixed vegetables Fig Bar 683	25 Meatballs w/Penne Pasta & Tomato Sauce Tender Peas Grape Juice Apple-Cranberry Crisp 904	26 Meatloaf w/Gravy Mashed Sweet Potatoes Cauliflower Dinner Roll Tapioca Pudding 988	27 <u>Memorial Day Lunch!</u> Hot Dog w/Baked Beans Hot Dog Bun & Mustard Potato Salad Chopped Broccoli Apple Pie! 1198
30 <u>Memorial Day Holiday</u> CLOSED NO MEALS SERVED	31 Hamburger w/Gravy Soft Roll & Ketchup Au Gratin Potatoes California Mixed Vegetables Fresh Fruit 832	1 Roasted Chicken Thigh Spanish Rice Brussels Sprouts Italian Bread Cinnamon Pears 727	2 Sliced Turkey w/Gravy Mashed Squash Tender Peas Oat Bran Muffin Square Mandarin Oranges 605	3 Lasagna Roll w/ Meat Sauce & Mozzarella Spinach & Mushrooms Apple Juice Whole Wheat Roll Cantaloupe 757

Call 652-7934 if you have to cancel your lunch!