

# Health and Wellness Events



Sponsored by BlueCross BlueShield of Western New York

Aurora Senior Center  
101 King St., East Aurora NY  
Wednesday, February 17 at 12:45 PM



[www.bcbswny.com](http://www.bcbswny.com)

## Pain Management

Do you live with chronic pain? In this seminar, we will discuss what actually happens to us when we experience pain and review common barriers that prevent people from receiving proper treatment. We'll also review frequently used medical tests and discuss both medical and natural treatments for pain relief.

This event is only for educational purposes and no plan-specific benefits or details will be shared. BlueCross BlueShield of Western New York is a health plan with a Medicare contract.

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