

TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052

716-652-7934/Fax 652-9083

www.townofaurora.com

Donna Bodekor – Director

NOVEMBER ~ 2016

Senior Center Closed: Election Day - November 8th and Veterans Day - November 11th
HAPPY THANKSGIVING November 24th & 25th

55 Alive AARP November 7th and 9th 5 pm to 8 pm

MONDAY November 7, 14, 21, 28

<u>WORKOUT HOURS</u>	8:00 am – 3:45 pm
<u>LINE DANCING</u>	9:30 am – 10:30 pm
<u>BEGINNERS LINE DANCING</u>	10:45 am – 11:30 am
<u>STITCH & BITCH</u>	10:00 am
<u>TAI CHI FORM 16</u>	10am - 11:00 am
<u>EUCHRE</u>	1:00 am – 4:00 pm
<u>SENIOR NOTES</u>	1:00 pm – 2:00 pm
<u>REDWORK Penny Square Class</u>	1:00 pm – 4:00 pm 1 st Mon & 3 rd Wed of each month
<u>SENIOR SUPPER CLUB</u>	November 21 st at 5:00 pm ~ All Welcome!
<u>MAH JONG</u>	12:30 pm
<u>CARD Making Class</u>	TBA

FIDELIS CARE REPRESENTATIVE November 7th @ 10 am

TUESDAY November 1, 15, 22, 29

<u>WORKOUT HOURS</u>	8:00 am – 3:45 pm
<u>EXERCISE CLASS</u>	8:30 am – 9:30 am
<u>CERAMICS</u>	10:00am– 3:00 pm- \$2.00 per class
<u>FIBER ARTS</u>	10:00 am – 3:00 pm (First & Third Tuesday)
<u>TAI CHI</u>	3:00 pm
<u>RED HATS</u>	Luncheon – last Tuesday every month at 11:30 a.m. <i>Call Madonna 652-4957 for reservations</i>
<u>SEWING/QUILTING</u>	10:00am – 1:00 pm Nov 22 nd

Univera Representative Nov. 15th @ 1:00 pm

Seneca Niagara Casino, Nov 15th Bus leaves Center @ 8:30 am Bus returns to Center @3:30 pm

WEDNESDAY November 2, 9, 16, 23, 30

<u>WORKOUT HOURS</u>	8:00 am – 3:45 pm
<u>EXERCISE CLASS</u>	8:30 am – 9:30 am
<u>CHINA PAINTING</u>	9:00 am – 10:45 am
<u>DUPLICATE BRIDGE</u>	9:30 am– 2:00 pm
<u>YOGA</u>	9:45 am -10:45 am
<u>BOWLING</u> – 11 TH Frame Lanes	12:00 Noon– 2:30 pm
<u>SCRABBLE</u>	10:00 am
<u>PAINTING</u>	1:00 pm – 3:00 pm
<u>REDWORK PENNY SQUARE</u>	1:00 pm – 4:00 pm 3 rd Wednesday of the month
<u>BOOK CLUB</u>	2:00 pm <i>The Monument Men by Robert Edsel</i>

Healthy You Speaker Series: Blue Cross & Blue Shield - Jennifer Johnson Nov 16th at 12:45 pm
Topic: **Plant Power: Benefits of a Plant – Based Diet**

Living Healthy NY: Chronic Disease Self- Management Program 12:45 – 3:15 pm

Oct. 19 & 26, Nov. 2, 9, 16, 23 **“FREE WORKSHOP”**

Sign up in the Office today or call the Center @ 652-7934 to register.

University Express Lecture Series: The Psychic Highway: How the Erie Canal Changed America
Wednesday, Nov 2nd at 12:30 pm, call the Center @ 652-7934 to register.

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THURSDAY November 3, 10, 17

WORKOUT HOURS

8:00 am – 3:45 pm

PILATES

10:00 am – 11:15 am

TAI CHI

3:00 pm – 3:30 pm

MEXICAN DOMINOS

9:30 am – Never Played?? Join us for instructions

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday November 3

Birthdays

Thursday November 10

Trash and Treasures

Thursday November 17

Senior Notes

Thursday November 24

Thanksgiving

Blue Cross Representative

Alton's Restaurant, Thursdays 9:00 am – 4:00 pm

EPIC November 17th 11:00 am to 1:00 pm

FRIDAY November 4, 18

WORKOUT HOURS

8:00 am – 3:45 pm

PACE EXERCISE

9:00 am – 10:00 am

SCRABBLE Beginners & Advanced

10:00 am

QUILTING CLASS

10:00 am

SENIOR FITNESS EXERCISE

10:00 am

TAI CHI FORM 16

10:00 am – 11:00 am

YOGA

11:00 am – 12:00 pm

WOOD CARVING

1:00 pm – 3:00 pm

PINOCHLE

1:00 pm – 3:00 pm

United Health Care Nov 18th 10:00 am to 12 Noon

*******2016 TRIPS*******

*** Seneca Niagara Casino ***	November 15, 2016
*** Seneca Niagara Casino ***	December 12, 2016
*** Holiday Pops @ Kleinhans ***	December 16, 2016

Wendt Touring Informational Sessions – Everyone Welcome
November 22nd @ 2 pm, Nashville on Nov. 27 – Dec 2, 2017
November 22nd @ 3 pm, Quebec & Montreal on June 19 – 23, 2014
Computers are available for your use – please sign in in Office.

LUNCH - Join us daily at Noon Menu varies daily Donation \$3.00

As always, this is a suggested donation.

Sign up in dining room. Everyone Welcome!

We have a phone number for the hearing impaired: TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora.
We are equipped with a generator and will be open during any emergencies.